

Knowledge is Power

The Enrichment Center of Lee County believes that people prefer to take charge of their lives. The RESOURCE GUIDE empowers you to take control by providing the necessary information to research issues and make decisions. Enclosed is a list of local, state, and national organizations that address the issues of aging. The local organizations include service descriptions and any applicable eligibility requirements.

The Enrichment Center Staff is available to provide additional information during business hours, (919)776-0501.

Our hours are:

Monday – Thursday 8:00 a.m. - 8:00 p.m. and
Friday 8:00 a.m. - 5:00 p.m.

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Acknowledgements

Lee County Board of Commissioners

NC Department of Health & Human Services
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919-733-3983

Triangle J Council of Governments PO Box 12276
Research Triangle Park, NC 27709
919-549-0551

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911

P.O. Box 3729

Sanford, NC 27331-3729

911 Emergencies Only

(919) 775-8268 Non-Emergency

Web: <http://www.sanfordnc.net/police/Communications/communications.htm>

E-mail: communications@sanfordnc.net

Type of Service: 24 Hour Emergency

Service Description: Upon dialing 911 and operator will dispatch your call for police, fire, ambulance service, or rescue.

AARP

The American Association of Retired Persons

601 East St, N.W.

Washington, DC 20049

(888) 687-2277 Toll Free Nationwide

(877) 434-7598 Toll Free TTY

(877) 342-2277 Toll Free Spanish

Hours: Monday to Friday 7AM through 11PM (East Coast)

Web: www.aarp.org

Type of Service: Information for 50+ Population

Service Description: AARP is a non-profit, non-partisan organization for anyone age 50 or over, both working and retired. AARP is dedicated to helping older Americans achieve lives of independence, dignity, and purpose. AARP's motto, "to serve, not to be served," and its vision statement "bringing lifetimes of experience and leadership to serve all generations," are supported by the activities of members who are involved in community, state, and national affairs.

Tax Assistance: This free service uses volunteer tax counselors to help older adults prepare tax forms each year February–April call (919) 776-0501

55 Alive Driver's Safety Program – Offered 2 times per year Call (919) 776-0501 or 1(888) 227-7669 Toll Free.

Advance Directives

(919) 774-2100 Central Carolina Hospital

(919) 776-0501 Lee Co. Senior Services

(919) 775-5624 NC Cooperative Ext. Service, Lee County

Type of Service: Legal

Contact: Attorneys

Central Carolina Hospital (919) 774-2100

Family Physicians

Lee County Senior Services (919) 776-0501

N.C. Cooperative Ext. Service (919) 775-5624

Service Description: Advance Directives are legal documents such as living wills and healthcare power of attorney, which will permit you to make certain choices regarding your future health care. You may make different choices as to the level of care you wish to be withheld or discontinued depending upon your medical condition.

Advanced Home Care

1806 N Sandhill Blvd

Aberdeen, NC 28374

(910) 295-4119

6003 Chapel Hill RD. Suite 105

Raleigh, NC 27607

(919) 852-0052

Web: www.advhomecare.org

Type of Services: Respiratory, DME, Enteral Nutrition

Service Description: We are a Non-Profit Healthcare Company that supplies medical equipment involving respiratory, durable medical equipment and home enteral nutrition/tube feeding. Equipment delivered to patient's home, hospital or current residence.

Alzheimer's NC, Inc.

1305 Navaho Dr., Suite 101
Raleigh, NC 27609
(800) 228-8738 Toll Free Helpline
(919) 832-3732 Office
(919) 832-7989 Fax

Web: www.alznc.org

Type of Service: Information, Education, Family and Professional Support, Advocacy, and Research

Service Description: Alzheimer's North Carolina, Inc. provides information, educational conferences and workshops in local communities, community awareness, family counseling, support groups, an 800 helpline, lending libraries of educational materials, and advocacy for quality of life issues and research for prevention, cause, and cure for Alzheimer's disease and related dementias. Its services are extended through collaborative programs with other non-profits and local, state, and federal agencies.

Alzheimer's North Carolina was known as the Eastern Carolina Chapter of the Alzheimer's Association until November 2009, when it disaffiliated from the national association to focus all time and funds on the needs of North Carolinians. AlzNC continues the same programs and services it has provided to North Carolinians for 30+ years. All donor funds now remain in North Carolina.

Amedisys Home Care

120 Providence Road, Suite 200
Chapel Hill, NC 27514
(919) 401-3000
Amedisys Hospice
2609 Duke Street, Suite 102
Durham, NC 27704
(919) 220-0867

Agencies Hours are Monday - Friday, 8:00 am - 5:00 pm; 24/7 On-Call

Web: <http://www.amedisys.com/>

Service Description: Amedisys is a leading provider of home health and hospice care. We provide personalized, professional care for patients in the comfort of their homes and treat every patient the same way we would treat a member of our own family.

Amedisys Home Health of Fayetteville

2021 Valleygate Drive Suite 201

Fayetteville, NC

(910) 483-8153 (866) 381-5703

Agencies Hours are Monday – Friday, 8:00 am – 5:00 pm; 24/7 On-Call

Web: www.amedisys.com/

Service Description: Amedisys is a leading provider of home health and hospice care. We provide personalized, professional care for patients in the comfort of their homes and treat every patient the same way we would treat a member of our own family.

American Cancer Society

8300 Health Park Suite 10

Raleigh, NC 27615

(919) 334-5218

(888) 227-6333

(800) ACS-2345

Web: www.cancer.org

Type of Service: Information/Support

Cost: None

Service Description: The American Cancer Society answers your cancer related questions.

American Home Patient

2912 S. Horner Blvd.

Sanford, NC 27330

(919) 774-2385 American Home Patient

(800) 959-8031

Web: www.ahom.com

Type of Service: Respiratory and Home Medical Equipment

Service Description: All respiratory (home oxygen, CPAP, BiPAP, nebulizers, aerosol medications, internal feedings) and medical equipment (wheelchairs, hospital beds, walkers, and bath aids). Personal caring service for local folks by local folks!

American Red Cross

507 North Steele Street Room H212

Sanford, NC 27330

(919) 774-6857

Web: www.redcross.org

Type of Service: Emergency

Cost: Varies

Service Description: To help prepare people for, cope with, and recover from emergencies such as:

Disaster assistance for: one-family fires, flood, tornado, and hurricane victims,

Emergency communication and armed forces and families

Health and safety education (CPR, First Aid, Water Safety, HIV/AIDS)

Babysitter's Training

Blood Donor Programs

Auditory Learning Center

NC Department of Health and Human Services

2101 Mail Service Center

Raleigh, NC 27669

(919) 855-3400

Web: <http://auditorylearning.net>

Type of Service: Hearing Impaired Services

Cost: Many services are without charge, other fees vary

Service Description: Serves deaf and hearing-impaired children across North Carolina, with information, videotapes, and referrals. Also serves professionals throughout NC working with hearing impaired people with extensive training in audition, speech, language development and on-the-job observation and demonstration.

Miscellaneous Information: Training plans change quarterly. Call the Center for the latest schedule

Boone Trail Medical Center

First Choice Community Health Centers

40 Autumn Fern Trail

Lillington, NC 27546

(910)364-0970

(919) 499-9422 CALL CENTER

Type of Service: Medical/ Family Practice

Cost: Medicare, Medicaid, Private Insurance, Sliding Scale (based on income)

Service Description: Family Practice Medical Care, pediatrics, adolescent, adult geriatric, OBGYN, primary care, maternity care available.

Miscellaneous Information: Five Clinics available in Harnett County to serve you: Benhaven, Anderson Creek Dental Services, Anderson Creek Medical Services, Angier, and First Choice Community Health Centers in Lillington.

Bread of Life Ministries of Sanford

219 Maple Ave.

Sanford, NC 27330

(919) 427-8889

Type of Service: Food/ Nutrition

Service Description: Offers Christian Counseling, Food Pantry, Clothing, Drug/Alcohol Abuse Referrals, Saturday Hot Meals.

Bright Audiology

1620 S. Third St.

Sanford, NC 27330

(919) 774-3277 Office

Web: www.brightaudiology.com

Type of Service: Audiology & Hearing Aid Services

Mission Statement: To provide individuals with essential of life- the ability to communicate through enhanced hearing.

Cost: Varies

Bright Audiology

Service Description: We provide the following services:

- *Thorough hearing evaluations for all ages
- *Custom hearing aids based on the individual hearing loss and listening needs. Hearing aids can be tried for a full trial period with no hidden fitting fees.
- *Assistive hearing devices for home: TV, telephones, alerting signalers.
- *Tinnitus evaluations/management.

Why we are unique:

- *We have personal experience with hearing loss.
- *We hold Doctoral Degrees in our areas of expertise: Audiology Pathology.

COLTS (County of Lee Transit System)

112 Hillcrest Drive
Sanford, NC 27330
(919) 776-7201 www.leecountync.gov

Type of Service: Transportation

Cost: Varies with situation (Generally paid through appropriate human service agency). Some general public ridership is available for a fee.

Service Description: Local and limited out of town transportation is available to persons who qualify through human services agencies (i.e. Social Services, Health Department, Senior Services, Lee County Industries, Center for Independent Living, Mental Health). Public ridership is available. Lift-equipped vehicles are available.

Miscellaneous Information: Arrangements are made by contacting the COLTS office at (919) 776-7201, Notification for transportation is needed two business days prior to appointment.

Carolinas Poison Control

PO Box 32861

Charlotte, NC 28232

(800) 222-1222

Web: www.ncpoisoncenter.org

Type of Service: Emergency

Cost: Free

Service Description: Designated state-wide Poison Center for North Carolina. Staffed 24 hours a day, seven days a week by registered nurses and pharmacists who are specially trained to provide diagnostic and treatment advice for acute and chronic poisonings to the Toxicologists, who are also available 24 hours a day.

Central Carolina Community College

1105 Kelly Drive

Sanford, NC 27330

(919) 775-5401

Web: www.cccc.edu

Type of Service: Education/Training

Cost: Varies with program. Financial assistance is available. If assistance is needed, call or visit the financial aid department. There are a number of special assistance programs, (i.e. single parents, women in non-traditional vocations, men in non-traditional vocations, college work study, and scholarships).

Service Description: Curriculum programs include: vocational, technical and transfer education. Literacy programs include: Adult Basic Education, Compensatory Education, General Education Development, English as a Second Language and Adult High School Diploma. Continuing education courses vary but include: art, sewing, crafts, health, computer literacy, electronics, and others.

Central Carolina Hospital

1135 Carthage St.

Sanford, NC 27330

(919) 774-2100 Main

(800) 483-6385 CCH Physician Referral

Web: www.centralcarolinahospital.com

Central Carolina Hospital

Type of Service: Healthcare/ Education

Cost: Call hospital for schedule of cost

Service Description: Central Carolina Hospital has inpatient/outpatient services consisting of: Occupational Health Services, Wellness Programs, MRI Services, Maternity Care, Vascular Laboratory, GI Laboratory, Central Carolina Advanced Life Support-EMS, Cardiopulmonary and Physical Rehabilitation Services, Joint Replacement Program, Worker's Compensation Coordination, Cooperative Midwifery Program, Cardiac Catheterization, Sleep Disorders Studies, Nuclear Medicine, Bone Densitometry, Lithotripsy, Outpatient Surgery, Mammography Services, and Inpatient Dialysis.

Medical Staff: With the medical staff now Exceeding 100, CCH offers the following specialties: Emergency Medicine, Internal Medicine, Family Practice, Cardiology, Infectious Disease, Gastroenterology, Ophthalmology, Pediatrics, General and Vascular Surgery, Plastic and Reconstructive Surgery, Obstetrics and Gynecology, Orthopedics, Otolaryngology, Anesthesiology, Oncology and Hematology, Radiology, Nephrology, Podiatry, Pathology, Rheumatology, Neurology, Pulmonology, Dermatology and Urology.

Highlights: Community Education and Training: Childbirth Education, Breast Feeding Classes, Infant CPR, Safe Parenting, Take Charge Tuesday Community. For information, call (800) 483-6385.

Christian Healthcare Adult Day Care, Inc.

507 N. Steele St.
Sanford, NC 27330
(919) 775-5610

Type of Service: Adult Day Care Center

Cost: Varies

Mission: Helping families keep loved ones at home and in the community, Christian Healthcare Adult Daycare, a non-profit agency that provides cost effective, high quality daycare for the disabled and older adults

Goals: Our goals are to improve participant's self-esteem, to help clients keep their dignity, by staying a part of the community. Christian Healthcare will also promote health, wellness, socialization, recreation and give respite to the family from constant caregiving. This will be a Model Day Center Program for persons who need supervision while serving as a viable community resource.

Christian Healthcare Adult Day Care, Inc.

Eligibility: (Who may enroll in Christian Healthcare ADC?) Those who are 18 years and older with physical, emotional, and mental impairments who require assistance and supervision may enroll. Ambulatory and semi ambulatory elderly or disabled adults that can benefit from a group setting are welcomed or persons whose families and caregivers need respite. Space is limited only 32 participants. Application for enrollment will be viewed on need.

Types of Services Provided: Communication between the staff and participants are the basics for creating a caring culture. Christian Healthcare ADC will minister to disabled and the elderly adult's physical, emotional, and spiritual needs. Services and activities offered will include the following:

Food Services: meals, snacks, nutritional counseling,

Transportation: available on a limited basis to and from the facility

Counseling

Respite Therapeutic Activities

Health Services: administration of medication, supervision and assistance in daily living.

Food Services: Two snacks and lunch are served daily at the facility. Special Therapeutic diets shall be provided as necessary for participants with medical conditions of functional impairments specified in participant's plan of care.

Therapeutic Activities: Activities are based on interest, needs and abilities of each participant emphasizing his/her strengths and abilities rather than impairments. Participants will be encouraged to take part in activities, but may choose not to, or choose another activity. Time is also scheduled for rest and relaxation and to attend to personal needs.

Health Services and Administration of Medication: Daycare's staff supervises administrations of medications for participants. Participants who do not need assistance with taking their medications may keep and administer their own medication as long as other participants do not have access to them.

Assistance with Daily Living: Assistance with activities of daily living for participants that need it. Services are provided in a safe and hygienic manner. We recognize individual's right to privacy and dignity. The maximum level of independence will be encouraged. Activities of daily living may include eating, toileting, transferring, mobility/ambulating, and continence area.

Christian Healthcare Adult Day Care, Inc.

Transportation: Transportation to and from the daycare is available on a limited basis. Christian Healthcare ADC contracts with friendly transportation to provide this service. The length of the ride and the health status of participants are serious considerations when planning the transportation schedule.

Christian United Outreach Center of Lee County

2885 Lee Avenue
P.O. Box 2217
Sanford, NC 27331
(919) 774-8485

Web: <http://www.cuoclc.org/>

Food & Financial: Mon- 4:30pm – 6:00 pm; Wed and Fri 12:30pm – 2:00pm

Thrift Shop Hours: Monday through Saturday 9:00am – 1:00pm

Services Description: The CUOC of Lee County offers several areas of ministry to meet the needs of the citizens of Lee County.

- Food Pantry – Distribution of perishable and non-perishable items to supplement the nutritional needs of families in crisis, but not act as their only source of food.
- Thrift Shop – Designed to help finance the other services offered by CUOC, the Thrift Shop also serves as a location where people with emergencies can receive free clothing and other household items.
- Financial Assistance – Providing short term assistance in such areas as mortgage or rent, water and/or electric bills, heating costs, car repairs, etc.
- Medical Equipment – Loan of available equipment (walkers, wheelchairs, canes, etc.) to individuals free of charge for as long as the need exists.
- Second Chance Gowns – Prom gowns provided at no cost to girls who would otherwise be unable to afford a dress. This allows an opportunity for these young ladies to attend the prom with their peers.

Comfort Keepers

170 Page Street
Southern Pines, NC 28370
(866) 432-8060 CALL CENTER
(919) 246-8000

Web: www.comfortkeepers.com

Type of Service: In Home Care Serving Moore, Lee, and Wake Counties

Service Description: We will work with you to formulate a care plan that incorporates your needs, your wishes and your preferred schedule. Our caregivers provide quality care ranging from companionship services to assistance with the Instrumental Activities of Daily Living (IADLs).

Whether services are needed for a few hours a day or 24 hours a day, our caregivers are available to meet your needs.

We provide the Following:

- In-Home Companionship Care -Clothes Shopping
- Meal Preparation -Recreational Activities
- Grooming & Dressing Guidance -Light Housekeeping
- Errand Services -Organize Incoming Mail
- Grocery Shopping -Periodic Review with Family
- Incidental Transportation -Respite Care
- Daily “TLC” Phone Calls -Emergency Monitoring
- Laundry & Linen Washing

Community Agencies and Other Important Numbers

For Fire or Police Emergencies Call 911

Broadway Police Department

(919) 258-9232

Broadway Town Hall

(919) 258-9922

Chamber of Commerce of Sanford

Sanford Area Growth Alliance (SAGA)

(919) 775-7341

Crime Line

(919) 775-8346

Customer Service & Revenue

(919) 775-8217 Tax Office

(919) 775-8216 Water & Sewer Office

Emergency Management

(919) 718-4670

Police Department

(919) 775-8268 Non-Emergency Calls

Service Center

Leaf & Limb Pick-up

(919) 775-8247

Community Agencies and Other Important Numbers

Water & Sewer Line Repair

(919) 775-8247

(919) 775-8268 Nights, Sundays and Holidays

Magistrates Office

(919) 708-4450

Environmental Health

(919) 718-4641

Register of Deeds

(919) 718-4585 Sheriff's Office

(919) 718-4560 Non- Emergency

(919) 718-4577 Crime Tip Line (Anonymous)

Veteran's Service Office

(919) 776-0501

WIC (Women, Infants, and Children

(919) 718-4642

Lee County Animal Control

(919) 776-7446

NC Department of Motor Vehicles

(919) 774-6715 Enforcement Section and Examiner on Carthage Street

(919) 774-6027 License Plate Agency on Wilson Road

US Postal Service

(800) 275-8777 Broadway and Sanford

(919) 776-1833 Lemon Springs

Community Home Care and Hospice

1836 Doctors Drive

Sanford, NC 27330

(919) 718-5417

Type of Service: Pain and Symptom Management, Nursing Care, Grief Counseling, Spiritual Support, Volunteer Services and Case Management for terminally ill patients, their families and caregivers

Cost: Hospice care is covered by Medicare, Medicaid, and private insurance plans. There is a sliding scale for patients with no medical insurance. Services are provided on the basis of need, not the ability to pay.

Service Description: Community Home Care & Hospice uses a team oriented approach to quality, supportive care for patients near the end of life, and their families. Offering a myriad of community choices designed to allow the patient to live the remainder of their life in the home.

Community Home Care & Hospice provides the patient and families with comfort care measures, supportive counseling and family avocation to meet and special needs that arise from the physical, psychological, spiritual, social, and economic stresses, often present in the final stages of illness.

Hospice care is delivered primarily in the home, but may continue in the hospital, a long-term care setting, assisted living facilities, rest homes and our in-patient unit located in Lillington and Fayetteville.

Bereavement support services are available to families for a year following the patient's death. Community Home Care & Hospice provides individual visits to family members. Adult support groups are conducted the first Thursday of every month at our office located at 1836 Doctors Drive in Sanford, and are open to the community. Individual counseling is available for the children in the community.

Miscellaneous information: Patient/family volunteers received extensive training and assist the patient and family in many ways such as shopping, transportation, sitting with patient, providing encouragement, support and help wherever needed. Call for more information at (919) 718-5417.

Credit Reports, Free

Web: www.annualcreditreport.com

Type of Service: Consumer Credit Counseling

Service Description: You can get one free credit report each year, from each of the three major credit bureaus. It's wise to check your credit report periodically to help prevent identity theft problems.

Crisis Line

HAVEN-Lee County

215 Bracken Street

Sanford, NC 27330

(919) 774-8923

Type of Service: Telephone, walk in crisis intervention, emergency youth shelter, referral service, etc.

Cost: Free

Service Description: Information and referral services given to the appropriate resources depending on the type of crisis and location of caller. Counseling is also available for various crises. We also offer an open-house program and a shelter for youth, based on referrals by the Department of Social Services

Daymark Recovery Services, Inc. **(Sandhill Mental Health, LME)**

130 Carbonton Rd.

Sanford, NC 27330

(919) 774-6521-Appointment and Crisis Services (Mon thru Friday 8am to 5pm)

(866) 275-9552 -After Hours, Weekends and Holidays

(877) 626-1772 Toll Free - Mobile Crisis Management Team

Mission Statement: The mission of Sandhills Center Managed Care

Organization/Local Management Entity is to develop, manage and assure that persons in need have access to quality mental health, development disabilities and substance abuse service. Clinical Triage and Referral Section service can be accessed 24 hours a day, seven days a week, 365 days per year by calling toll free 1(800) 256-2452. We suggest that you discuss such needs with your service provider to determine community resources for which you may be eligible.

Daymark Recovery Services, Inc. **(Sandhill Mental Health, LME)**

The following systems and contact numbers provide information that may assist you in accessing transportation service in your area.

County System:

Harnett Rural Transportation System (ACTS) (910) 814-4019

Hoke Area Transportation System (HATS) (910) 875-8696

Lee County of Lee Transit System (COLTS) (919) 776-7201

Moore County Transportation (910) 947-3389

Daymark Recovery Service

205 Memorial Drive

Pinehurst, NC 28374

(910) 295-6853

Hours: Monday—Friday 8am-5pm

We serve the following counties, Moore, Lee, Montgomery, Hoke and Richmond.

Dialysis Clinics

Types of Dialysis Service: HEMO Dialysis, CAPD, CCPD and Conventional Home HEMO. All Dialysis treatments can be safe and effective. What's important is to explore all your options and to choose a treatment type that you feel comfortable with. All Dialysis can offer the reassurance of staff assisted treatment, lab and checkup all in one place, all in the company of others going through the same thing. You must make an informed decision on what is right for you. You should explore all the dialysis options.

DaVita Carthage Dialysis

165 Savannah Garden Drive

Carthage, NC 28327

(910) 974-1052

1(866) 889-6019

Dialysis Clinics

DaVita Dialysis-Moore County

16 Regional Drive
Pinehurst, NC 28374
(910) 295-2124

Carolina Dialysis of Sanford

Allison M. Whitfield, R.N. Clinical Manager
Renal Research Institute
1922 K.M. Wicker Memorial Drive
Sanford, NC 27330
(910) 718-0680

115 Wilson Road
Sanford, NC 27332
(919) 775-3725

Disability Rights North Carolina

3724 National Drive Suite 100
Raleigh, NC 27612
(919) 856-2195
(877) 235-4210 Toll Free
E-mail: info@disabilityrightsncc.org
Web: www.disabilityrightsnc.org

Service Description: Disability Rights North Carolina provides free legal and advocacy services to people with disabilities living in North Carolina for disability related rights violations and discriminatory actions.

Other Information: Disability Rights North Carolina has been the federally mandated protection and advocacy system for people with disabilities in North Carolina since July 1, 2007, continuing the work previously conducted by Carolina Legal Assistance and the Governor's Advocacy Council for Persons with Disabilities. Disability Rights NC is the only nonprofit organization in our State dedicated to providing advocacy and legal services to people with all types of disabilities.

Division of Services for the Blind

Lee County DSS

530 Carthage St.

Sanford, NC 27330

(919) 718-4690 Ext. 5248

Social Worker for the Blind- Sallie Wofford

E-mail: sallie_wofford@dhhs.nc.gov

Type of Service: Visual Impairment

Service Description: The goal of services for the blind is to assist consumers in maintaining independence through individual assessments and training services.

These include but not limited to: low-vision assessments and magnifiers, independent living aids, orientation and mobility, rehabilitation training, technical support, Library services, Camp Dogwood, the VIP Fishing Tournament, maintaining centers held locally, and training at the Rehabilitation Center on the Governor Morehead Campus.

Miscellaneous Information:

Jamie Perkins- Area Supervisor

206 Mail Service Center

309 Ashe Avenue

Raleigh, NC 27699-2601

(919) 733-9744

Duke Family Support Program

Duke University Medical Center

40 Duke Medicine Circle

Box 3600 DUMC

Durham, NC 27710

(919) 660-7510

(800) 646-2028 Toll Free

Web: www.geri.duke.edu/service/dfsp/index.htm

Type of Service: Health/Medical and Informational Services

Service Description: Information and referral; specialty is in Alzheimer's Disease; provides an Alzheimer's evening support group; and Daughters concerned with aging relatives support group. Publish newsletter 2x/year. Free for NC residents, \$10.00 outside NC.

Duke Family Support Program

Miscellaneous Information:

Durham Evening Support Group - 6:30pm the last Thursday of every month

Daughters Support Group- 12 Noon – 1:00pm the last Wednesday of every month

Duke Global Health Institute

310 Trent Drive

Durham, NC 27701

(919) 681-7760

In Lee County Call the Lee County Health Dept. 919-718-4640

Web: www.piedmontconsortium.org

Type of Service: Case Management and Outpatient support services for people with HIV disease and their families. Cost: Free to income eligible persons.

Service Description: The Consortium functions to plan, develop, and ensure the delivery of comprehensive outpatient health and support services to persons living with HIV disease, their families and loved ones. The Piedmont Consortium serves Chatham, Durham, Franklin, Granville, Lee, Orange, Person, Vance and Warren Counties.

Emergency Response Systems

Type of Service: 24 Hour telephone contact designed to provide peace of mind at the touch of a button. The service is available for anyone who would like to feel more secure while at home alone.

Cost: Varies

Response System

Contact: Quality Home Healthcare Store Address: 106 Park Ave.

Sanford, NC 27330

Phone: (919) 775-2001

\$50.00 Initial Set-up, \$30.00 a month for service; No need to go into the store (can order over the phone), Pay driver for service, No service contract

Lifeline

Address: 111 Lawrence St.

Framingham, MA 01702-8156

Phone: (800) 543-3546 Toll Free

Emergency Response Systems

Emergency Response Systems

There's a reason why over 2,000,000 healthcare professionals and millions of older adults and their families have made Lifeline the leading provider of medical alert service. Home Safe Standard easy to use. Subscriber can push the waterproof help button anytime they request help. Home Safe with Auto Alert gets all the benefits and features of the home standard system plus an added layer of protection. Go safe mobile medical alert, a mobile system that allows subscribers to take the benefits of the lifeline service where they want, when they want. With two-way voice communication, six advanced locating technologies. Auto alert fall detection feature No landline phone needed, Flexible payment options allow for monthly credit card or paper statement billing.

Emergency Shelters

Family Promise of Lee County

2302 Woodland Ave

Sanford, NC 27331

(919) 718-1540

E-mail: familypromiseleeco@gmail.com

Web: www.familypromiseofleecounty.wordpress.com/

Service Description: Family Promise of Lee County is a program based on the model and principles established by the Interfaith Hospitality Network. Family Promise is a non-profit organization that assists homeless families in Lee County. Family Promise is successful due to the fact that local congregations work as partners and provide an outreach ministry focusing on the needs of the homeless families in the community. Family Promise is a 90-day program where they are working towards independence in securing a job and establishing an affordable place to live.

Family Promise of Moore County

P.O. Box 1173

Aberdeen, NC 28315

(910) 944- 7179

Web: www.familypromiseofmoorecounty.org/

General Info: The Overnight Shelter program provides shelter for homeless families through local congregations rotating in their responsibilities on a weekly basis. Breakfast, lunch, dinner and transportation between the host congregation and the Day Center is provided.

Emergency Shelters

Outreach Mission, Inc. - Shelters in Sanford

P.O. Box 476

Sanford, NC 27331

(919) 775-1311 Rev. Donald Kivett

(919) 774-7112 Women's Shelter, 507 S. Third St

(919) 776-8474 Men's Shelter, 705 Chatham St

Service Description: Offers shelter for people in need. Check in begins at 6:00 p.m., checkout is at 8:00 a.m.

Salvation Army

507 North Steele St, Room 203

Sanford, NC 27330

(919) 718-1717

Beacon Rescue Mission

Harnett County

(910) 892-5772

Serves men, women, and children

Bethany House

Southern Pines

(910) 692-0779

Halfway house for women

Bethesda, Inc.

Substance Abuse Disorder Rehabilitation/ Halfway House Facility for Men

204 North Pine Street

Aberdeen, NC – 28315

(910) 944-7700

Haven of Lee County

215 Bracken St.

Sanford, NC 27330

(919) 774-8923

Web: www.haveninleecounty.org

Extended Care Facilities

Web: www.dhhs.state.nc.us/dhsr/reports.htm

Skilled Nursing - Lee County

Piedmont Health Senior Care Services

163 Chatham Business Drive

Pittsboro, NC 27312

(919) 545-7337

Piedmont Health Senior care is a program of all-inclusive Care for the Elderly (PACE). Mission is to promote and sustain the independence of seniors wishing to remain in the community. Provide seniors with comprehensive long-term health, social, medical and dietary care. Programs are a safe alternative to nursing home care.

Westfield Rehabilitation & Health Center

3100 Tramway Road

Sanford, NC

(919) 775-5404

Web: www.libertyhcs.com

Sanford Health & Rehabilitation

2702 Farrell Road

Sanford, NC

(919) 776-9602

Liberty Commons Nursing & Rehabilitation Center

310 Commerce Drive

Sanford, NC

(919) 499-2206

Web: www.libertyhcs.com/lclee/index.html

Extended Care Facilities

Ashewood Estates

1115 Carthage St.

Sanford, NC

(919) 774-3774

E-Mail: ashewoodestates@yahoo.com

Web: www.ashewoodestates.com

Victorian Manor

1107 Carthage St. Sanford, NC

(919) 774-8989

Parkview Rest & Retirement

1801 Wicker St. Sanford, NC

(919) 774-4322

Web: www.parkviewretirement.com

Oak Haven Retirement

700 Westover Drive

Sanford, NC

(919) 776-4121

The Bayberry Retirement Inn

2002 Woodland Ave.

Sanford, NC

(919) 774-7170

E-Mail: bayberryfa@windstream.net

Web: www.thebayberryinn.com

Fayetteville VA Medical Center Homeless Program

Community Outreach Program
Department of Veteran's Affairs
2300 Ramsey Street
Fayetteville, NC 28301
(910) 488-2120
(800) 771-6106

Web: www.va.gov/healtheligibility/

Type of Service: Healthcare/ Housing/ Substance Abuse Treatment for Homeless Veterans

Service Description:

HCHV Outreach Programs: The National Call Center for Homeless Veteran's (NCCHV) provides free, 24/7 access to trained counselors to assist homeless Veterans and their families. The Phone number is 1-877-424-3838.

Healthcare for Homeless Veterans (HCHV) Outreach Program: Our goal is to conduct community outreach to those Veterans most vulnerable and that are not currently receiving services by engaging them in treatment and rehabilitative services. For more information, call (910) 488-2120, ext. 7225.

Veterans Justice Outreach Program (VJO): The role of VJO is to provide information and assessment services to eligible Veterans involved in the criminal justice system, to refer and link these Veterans to appropriate VA and community services that will support community readjustment, encourage adherence to treatment, and prevent incarceration if alternative treatment options are available. For more information, call (910) 488-2120, ext. 7225

Department of Housing & Urban Development/ VA Supportive Housing (HUD/VASH): The HUD-VASH Program provides homeless Veterans with the opportunity to reintegrate into the community through housing assistance and case management. Case management services are designed to improve participant's health and mental health and enhance their ability to remain stable, housed, and community-integrated. Veterans admitted to the program are provided with a housing voucher through collaboration between the Department of Veteran's Affairs and Housing and Urban Development. Veterans are also provided long term case management services through the VA including individualized service plans created with each Veteran for themselves and their family's health and mental health. For more information, call (910) 488-2120, ext. 5655

Fayetteville VA Medical Center Homeless Program

Substance Abuse Treatment Program: Substance abuse can be a contributing factor to homelessness, so providing substance abuse treatment and early intervention can promote recovery, improved quality of life, and successful permanent housing. For more information, call (910) 488-2120, ext. 7552

First Choice Community Health Centers

40 Autumn Fern Trail
Lillington, NC 27546
(919) 499-9422 Call Center

Type of Service: Medical/Family Practice

Cost: Medicare, Medicaid, Private Insurance, Sliding Scale (based in income)

Service Description: Family Practice, Medical Care, Pediatrics, Adolescent, Adult Geriatric, OBGYN, Primary Care, Maternity Care available.

Miscellaneous Information: Six Clinics available in Harnett County to serve you: Benhaven, Anderson Creek Dental Services, Anderson Creek Medical Services, Angier, First Choice Community Health Centers in Lillington.

First Choice Home Care, Inc.

506 Carthage St.
Sanford, NC 27330
(919) 775-3306

Web: www.firstchoicehomecare.com

Type of Service: Home Care-Private Duty

Service Description: Private Duty, Hourly Care in your home, Bath Service, and Nurse 4 Me services are offered. Services are available around the clock (24/7), for a minimum of 3 hours per visit.

Family Caregivers often do not allow themselves that much needed break during the day; First Choice Home Care allows caregivers the opportunity to take time for them and still have peace of mind that their loved one is cared for.

First Choice Home Care, Inc. offers services such as:

Companionship: Dressing Guidance, assist with Walking, Maintain Calendar, Assist with Entertaining, Card Games, and Reading Services

First Choice Home Care, Inc.

Housekeeping: Light Housekeeping, Linen and Laundry Service, Assist with Pet Care, Trash and Garbage Removal, Organize and Clean Closets, and House Plant Care

Personal Services: Medication Reminders, Standby Bathing Assistance, Oral Hygiene Reminders, Assist with Grooming, and Review Expiration Dates

Clerical: Answer the Telephone, Organize Incoming Mail, Make Appointments, Supervise Home Deliveries, Letter Writing, and Coordinate Third Party Payments

Nutrition Services: Meal Preparation, Meal Planning, Monitor Diet and Eating, Grocery List Preparation, Organize Refrigerator, Monitor Expiration Dates, and Organize Food Supplies

Personal Care: Assisting with Self-Administration of Medications, Hygiene, Bathing, Continence Management, and Mobility Assistance

Transportation: Escort to Appointments, Escort to Shopping Trips, Social Visits, and Airport Assistance

Nursing – RN/LPN: Hourly or Per Visit Skilled Care in Your Home, Adult and Pediatric Care, and CAPC, PDN, Private Insurance.

First Health Home Care Services

181 A Westgate Dr.

West End, NC 27376

(800) 876-2211 Toll Free

(910) 295-2211 Office Phone

(910) 255-3715 Fax

Web: www.firsthealth.org

Type of Service: Home Health including Skilled Nursing & Physical Therapy in Lee, Moore, Montgomery, Richmond, Hoke & Scotland counties.

Service Description: First Health Home Care brings experts medical care to your door. With a highly-trained staff of nurses, physical and occupational therapists, social workers and nutritional consultants, you can rest assured you'll receive the quality medical care your doctor has prescribed. First Health's Home care program includes a state of the art Tele-Health home monitoring system. It's a simple and fast method of checking your vital signs each day without ever leaving your home and allowing the results to be monitored by a Home Care nurse. Tele-Health helps you take care of yourself and provides the security of knowing that your home health nurse is taking care of you too, in between home care visits.

First Health Home Care Services

First Health Home Care professionals live in your community and care for patients in Lee, Moore, Montgomery, Richmond, Hoke and Scotland counties.

First Health Home Care including Tele-Health is covered completely by Medicare and Medicaid as well as most private insurance.

- Skilled Nursing:
 - Adult & Pediatric Nursing
 - Disease/Medication Management and Education
 - IV Infusion Therapy
 - Wound/Ostomy Care
 - Tele-Health monitoring
- Physical Therapy/Occupational Therapy:
 - Orthopedic/Neurological Rehabilitation
 - Post-Hospitalization Rehabilitation
- Home Safety/Falls Prevention Program
- Life Management Skills Assessment and Training
- Social Worker
- Long-term Planning
- Referral to Community Resources
- Assistance with Financial Concerns
- Home Health Aides:
 - Assistance with Personal Care
- Nutritional Consultant
- Disease-specific Nutritional Assessment and Education

Food and Nutrition Services

Breadbasket

140 E. Chisholm St.
Sanford, NC 27330
(919) 774-3118

Bread of Life Ministries of Sanford

219 Maple Ave
Sanford, NC 27330
(919) 427-8889

Christian United Outreach Center

2885 Lee Avenue
Sanford, NC 27330
(919) 774-8485

Enrichment Center of Lee County

1615 South Third Street
Sanford, NC 27330
(919) 776-0501

Hillview Christian Assembly

3217 Lemon Springs Road
Sanford, NC 27331
(919) 776-8011

Home Delivered Meals Program

(Lee County Senior Services)
(919) 776-0501

Lee County Department of Social Services

530 Carthage Street
Sanford, NC 27330
(919) 718-4690

Food and Nutrition Services

Lee County Health Department
106 Hillcrest Drive
Sanford, NC 27330
(919) 718-4640

Outreach Mission, Inc.
(For Those Staying at the Shelter)
(919) 775-1311

Salvation Army
507 North Steele Street
Sanford, NC 27330
(919) 718-1717

Funeral Homes

Type of Service: Funeral Planning

Bridges-Cameron Funeral Home, Inc.
600 W. Main St.
Sanford, NC 27330
(919) 774-1111
Web: www.bridgescameronfuneralhome.com

CE Willie Funeral & Cremation Services
200 Hawkins Ave.
Sanford, NC 27330
(919) 777-0898

Knotts Funeral Home
719 Wall St.
Sanford, NC 27330
(919) 776-4345
E-mail: Knottafuneralhome@gmail.com

Funeral Homes

Miller-Boles Funeral Home
1150 Fire Tower Rd.
Sanford, NC 27330
(919) 775-3434
E-mail: millerboles@bolesfuneralhome.com
Web: www.millerboles.com

Rogers-Pickard Funeral Home, Inc.
509 Carthage St.
Sanford, NC 27330
(919) 775-3535

Smith Funeral Home Broadway
201 First St.
Broadway, NC 27505
(919) 258-6711
E-mail: smithfuneralhomebroadway@windstream.net
Web: www.smithfuneralhomebroadway.com

Watson Mortuary, Inc.
310 Courtland Dr.
Sanford, NC 27330
(919) 776-4119

Glaucoma Eye Care Program

PO Box 429098
San Francisco, CA 94142-9098
(877) 887-6327 Administration
(415) 561-8567 Fax
E-mail: pubserv@aao.org
Web: www.eyecareamerica.org
Type of Service: Medical Eye Care
Cost: For those with no insurance; no fee

Glaucoma Eye Care Program

Service Description: The GLAUCOMA EYE CARE PROGRAM encourages those who are AT RISK for Glaucoma to have a dilated eye examination, the most effective way of detecting the disease in its early stages. Anyone at increased risk can be referred to an ophthalmologist for such an exam. The risk factors are: age, glaucoma in one's immediate family and race.

Those with no insurance are seen without charge. Citizenship or legal residency is required. Those with access to care in other ways (an HMO, VA hospital, etc.) are not eligible.

Go to the website for on-line referral questionnaire to determine eligibility.

Griswold Home Care

168 Westgate Drive -Taylortown

P.O. Box 3024

Pinehurst, NC 28374

(800) 474-7965 CALL CENTER

Web: www.griswoldhomecare.com

Cost: Varies Based on Care Needs

Type of Service: In-Home Care

Description of Service: Griswold Home Care strives to keep the cost of home care services affordable for the average family and to attract the most experienced, compassionate caregivers in the industry so that the client receives quality care from the most qualified caregivers. We provide service to clients in retirement communities, assisted living and nursing facilities.

Caregiver Services includes:

Personal Care: Medication reminders, Bathing, Skin Care and Make-Up, Continence Care, Dressing and Grooming, Personal Hygiene, Nutrition, Toileting and Continence Care Assistance, Range-of-Motion Assistance, Transfer and Ambulatory Assistance and Incidental Transportation.

Homemaking: Meal Planning including Preparation and Serving, Kitchen Organization and Clean-Up, Light Housekeeping, Personal Laundry and Linen Care, and Plant Care.

Companionship: Social Events and Friend Visits, Shopping and Errands, Personal Home Projects, and Safety and Security.

Habitat ReStore

413 Wicker St

Sanford, NC 27330

(919) 774-6767 Nancy Neal, Store Manager

E-mail: hfhsanfordnc_homestore@windstream.net

Web: <http://Sanford-Habitat.org>

Type of Service: Resale of donated products for the home to the community at reduced costs.

Cost: varies

Service Description: We accept new and used products and materials used for, or in the home. Items accepted are furniture, appliances, garden/yard tools, cabinets, windows, doors, paint, misc. home products, electronics, and many more. Items are sold to the community at 100% profit to Habitat to fund construction of houses for low-income families. Items donated are tax-deductible.

Habitat for Humanity

PO Box 3821

964 N. Horner Blvd.

Sanford, NC 27330

(919) 774-7779

Web: www.sanfordhabitat.org

Type of Service: Housing for low-income families.

Cost: “sweat equity” and monthly house payment without interest

Service Description: Building Houses for families who qualify with volunteers from the community.

Four basic criteria

1. Evidence of stable income
2. Resident of Lee County for at least 1 year
3. Inadequate or Substandard Housing
4. Family able or willing to provide minimum of 400 “sweat equity” hours

Philosophy: “People helping people help themselves”.

Miscellaneous Information: “The ultimate goal of Habitat for Humanity is to eliminate poverty housing and homelessness from the face of the earth by constructing and building adequate and basic housing. Furthermore, all our words

Habitat for Humanity

and actions are the ultimate purpose of putting shelter on the hearts and minds of people in such a powerful way that poverty housing and homelessness become socially, politically and religiously unacceptable in our nations and world.”

HAVEN in Lee County

215 Bracken St.
Sanford, NC 27330
(919) 774-8923

Web: http://www.haveninleecounty.org/Home_Page.html

Type of Service: Services and Support for victims of domestic violence and Sexual Assault, Batterer Intervention.

Cost: None

Service Description: Services include crisis intervention, information and referral, companionship during hospital and criminal justice procedures, emergency shelter and transportation, support group, emotional support for victims and survivors, displaced homemakers program and Community Education (go into community to do domestic violence and sexual assault prevention and education).

Miscellaneous Information: Someone is available by phone 24 hours a day. All services are available to English and Spanish speaking persons. HAVEN's Treasures Thrift Shop is located at Charlotte Avenue. All proceeds benefit the shelter for domestic violence victims. Donations and volunteers are welcome!

Health Care Facilities, Clinics & Dentists

Central Carolina Hospital- Duke Life Point
1135 Carthage St.
Sanford, NC 27330
(919) 774-2100 Main
(800) 483-6385 CCH Physician Referral
Web: www.centralcarolinahospital.com

Helping Hands Clinic
507 N. Steele St.
Sanford, NC 27330
(919) 776-4359

Health Care Facilities, Clinics & Dentists

First Choice Community Health Centers
(Benhaven Medical Center/Anderson Creek)
(919) 499-9422 Call Center

Moncure Community Health Center
7228 Pittsboro-Moncure Rd.
Moncure, NC 27559
(919)542-4991
Web: www.piedmonthealth.org

Carolina Doctors Med Care
1024 South Horner Blvd
Sanford, NC 27330
(919) 774-3680
Service: Urgent Care & Primary Care Patients, lab and digital X-Ray available.
Urgent Care, Family Medicine, Internal Medicine Center.

FastMed Urgent Care
724 S. Horner Blvd.
Sanford, NC
(919) 776-6767

FirstHealth Convenient Care
1602 Westover Dr.
Sanford, NC
(919) 897-2250

Pine Ridge Urgent Care
3072 S. Horner Blvd.
(919) 775-3020

Rapid Care Urgent Care
2609 S. Horner Blvd.
(919) 241-7606

Health Care Facilities, Clinics & Dentists

DENTISTS

Call to verify payment options and insurance information

Eldon F Sloan DDS
103 Church St
Broadway, NC
(919) 258-9321

Benhaven Medical Center
(919) 499-9422

St. Joseph of the Pines - Outreach Free Adult Dental Mobile Program
(910)246-3126

Dr. David A Edrington DDS, PA
(919) 776-7723
Accepts all major insurances and self-pay

R. Kelly Faulk, JR., DDS, PA
(919) 774-9419

Bryan Vanderseen DDS, MS
109 Dennis Drive
Sanford, NC
(919) 775-1615
Accepts Delta Dental and self-pay

Dr. Michael C. Hattaway DDS, PA
(919) 775-2522
Accepts all dental insurances and self-pay

Dr. Thomas C. Hincks DDS, PA
304 Hawkins Ave
(919) 774-4324
Sanford, NC 27330

Health Care Facilities, Clinics & Dentists

DENTISTS

Lane & Associates
(919) 774-6311 Tiffany Drive
(919) 774-1993 South Horner Blvd
Accepts Medicaid and most major dental insurances

Harold W Madden DDS
1301 Carthage St
Sanford, NC 27330
(919) 774-4433

Dawn Moretz DDS, PA
703 Carthage St
Sanford, NC 27330
(919) 775-5549
Accepts all insurances and self-pay

Karen S Romine DDS
1233 Carthage St
Sanford, NC 27330
(919) 775-5200
Concordia, Delta Dental, Met Life, and self-pay

Sandhills Pediatric & Family Dentistry
55 Amarillo Lane
Sanford, NC 27332
(919) 499-9950

Brian Smith DDS MS PA
(919) 774-4744
Will file all dental insurances

Moncure Community Health Center
(919) 542-4991

Helping Hands Clinic

507 N. Steele St.

Sanford, NC 27330

(919) 776-4359 Helping Hands Clinic

(919) 776-0461 Fax

Email: hhcclinic@windstream.net

Web: www.hhcsanford.org

Type of Service: Medical, Optical, Dental, Medication

Cost: Free to those with low income & no medical insurance

Service Description: Medical care for those in need of immediate, non-acute care (without insurance, Medicaid, or Medicare)

Miscellaneous Information: Limited dental, eye, medical and pharmaceutical services.

Highway to Healing

1615 S. Third St.

Sanford, NC 27330

(919) 774-8940 (Please give a 48 hr. notice so arrangements can be made)

Type of Service: Transportation of Cancer Patients who reside in Lee County

Cost: Free

Service Description: One Hundred and twenty-five (125) volunteer drivers use their own cars to drive cancer patients who reside in Lee County to doctors, hospitals or therapy in Lee County, Pinehurst, Chapel Hill, Durham, Raleigh, Siler City or Fayetteville.

Hillview Christian Assembly

3217 Lemon Springs Rd.

PO Box 2488

Sanford, NC 27331

(919) 776-8011

Type of Service: Food

Cost: Free

Service Description: We are an emergency food distribution center. Bring picture ID, preferably a driver's license.

Home Care and Hospice Agencies

Amedicare Hospice

220 New fidelity court

Garner, NC 27529

(919) 773-4865

2929 Crouse LN. Suite E

Burlington NC 27215

(336) 584-4440

Agencies Hours are Monday - Friday, 8:00 am - 5:00 pm; 24/7 On-Call

First Health Hospice and Palliative Care

251 Campground Road

West End, NC 27376

(866) 861-7485

Community Home Care & Hospice

1836 Doctors Drive

Sanford, NC 27330

(919) 718-5417

Liberty Home Care & Hospice

1005 Carthage Street

Sanford, NC

(919) 774-9522

Advanced Home Care

1806 N. Sandhill Blvd

Aberdeen, NC 28374

(910) 295-4119

6003 Chapel Hill Rd., Suite 105

Raleigh, NC 27607

(919) 852-0052

Web: www.advhomecare.org

Home Care and Hospice Agencies

Amedisys Home Care

120 Providence Road

Suite 200

Chapel Hill, NC 27514

(919) 401-3000

Web: <http://www.amedisys.com/>

Comfort Keepers

170 South Page Street

Comfort Keepers

Southern Pines, NC

(866) 432-0860 CALL CENTER

Web: www.comfortkeepers.com

Community Home Care

1836 Doctors Drive

Sanford, NC 27330

(919) 718-5417

First Choice Home Care, Inc.

506 Carthage St.

Sanford, NC 27330

(919) 775-3306

Web: www.firstchoicehomecare.com

First Health Home Care Services

181 A Westgate Dr.

West End, NC 27376

(800) 226-5116 Toll Free

Web: www.firsthealth.org

Griswold Home Care

Pinehurst Office:

168 Westgate Drive

Taylortown, NC 27376

(910) 687-6876

(800) 474-7965 CALL CENTER

Home Care and Hospice Agencies

Liberty Home Care

1005 Carthage Street

Sanford, NC 27330

(919) 774-9522

Web: www.libertyhomecare.com

Parkview In-Home Aide Service

P.O. Box 4057

620 Westover Drive

Sanford, NC 27330

(919) 775-1475

(800) 777-1475 Toll Free

Total Life Care

824 S. Horner Blvd.

Sanford, NC 27330

(919) 776-0352

Home Delivered Meals (Referral for Meals on Wheels)

Lee County Senior Services

(919) 776-0501 Ext. 2213 - Lee County Senior Services

Type of Service: Home Delivered Meal

Cost: Varies

Service Description: Hot meals delivered into homes to help maintain and improve the health of impaired homebound older persons by providing nutritionally balanced meals. This assists older adults to remain independent and in their own homes for as long as possible.

Home Improvement and Repair Services

Additional Information can be obtained by contacting the Enrichment Center of Lee County at (919) 776- 0501.

Federal and State Resources that may be available for those that qualify are:

CSBG

The Community Services Block Grant administered by the Office of Economic Opportunity provide assistance to eligible households for Weatherization Assistance, which provides home improvements to increase energy efficiency: Heating/Air and Replacement: to repair or replace inefficient heating and air systems. All counties in NC receive funding. To locate provider, go to www.ncdhhs.gov/oeo

Local Office:

Community Planning & Development
115 Chatham St
Sanford, NC 27330
(919) 718-4657, ext. 5391

DPP

The Displacement Prevention Partnership is administered by NC Vocational Rehabilitation-Independent Living Program and NC Housing Finance Agency to assist persons whose needs accessibility modifications so they can continue to live there. Contact information to the local Independent Living office is:

www.dvr.dhhs.state.nc.us/DVR/offices/iloffices.htm

Single Family Rehabilitation Program

The NC Housing Finance Agency Administers the Single Family Rehabilitation Program, an interest free deferred loan, for homes needing major repairs with funds made available through local governments and non-profits agencies.

Community Planning & Development
115 Chatham St
Sanford, NC 27330
(919) 718-4657, ext. 5391

Home Improvement and Repair Services

USDA

The United States Department of Agriculture (USDA) has a Home Repair Loan and Grant Program—Section 504 for rural homeowners needing assistance with repairs and improvements (including ramp construction) or with the removal health and safety hazards. For more information:

Rural Development (Located in the Cooperative Extension Building)
2416 Tramway Road
Sanford, NC 27330
(919) 775-3407

North Carolina Baptist Aging Ministry (NCBAM)

NCBAM and its partners are working to close the gap between the needs of the aging and the people who can help. Don't wait! The compassionate voice of an NCBAM team member is only a call away. Our trained staff will work to find existing services to meet your need or contact a North Carolina Baptist who is ready to help. For more information, call:

201 Idol Drive
Thomasville, NC 27360
1-877-NCBAM
1-877-506-2226

Urgent Repair Program

The NC Housing Finance Agency, the NC Housing Trust Fund and local government and non-profit agencies administer the Urgent Repair program. Emergency housing conditions that threaten life or safety such as failing septic systems, dangerous heating systems, rotten floors as well as accessibility modifications to enable people to continue living at a home are few examples of what this program assists with.

Local office
Community Planning & Development
115 Chatham St
Sanford, NC 27330
(919) 718-4657, ext. 5391

Home Improvement and Repair Services

CDBG

Community Development Block Grant (CDBG) administered by the NC Department of Commerce Scattered Site Program assist eligible households for critical housing rehabilitation to include certain manufactured homes built after 1978. Approximately \$400,000 is made available every three years to local/county governments intending to assist persons living in small cities. For more info, go to www.dca.commerce.state.nc.us, left side of page, click on CDBG

Local Office

Community Planning & Development
115 Chatham St
Sanford, NC 27330
(919) 718-4657, ext. 5391

Johnston-Lee-Harnett Johnston Community Action, Inc.

225 S. Steele St.
Sanford, NC 27330
(919) 776-0746

Web: www.jhca.org

Type of Service: Case Management/crisis assistance/housing counseling/housing rehabilitation/weatherization/head start

Cost: Service are free if income eligible

Service Description: Johnston-Lee-Harnett Community Action is a private non-profit agency whose purpose is to develop programs to meet the needs of economically disadvantaged people and families. Currently, we provide the following.

Family Services: Offer a comprehensive approach to assisting families to rise above the poverty level and become self-sufficient. The counselors evaluate the entire family condition to provide budget planning assistance in developing an overall plan for self-sufficiency to reach their goals. Assistance is provided in finding affordable housing, better jobs, getting a better education and other stated goals within their overall plan. Income guidelines for this program are 100% of the poverty guidelines. Bring income verification and social security cards for each household member.

Johnston-Lee-Harnett Johnston Community Action, Inc.

Weatherization Program: Includes air sealing using s new technique to provide maximum energy conservation during extreme weather. Puts insulation in the floor and ceiling, caulks all air leaks, etc.

Heating Assistance Repair Replacement: Checks out the heating unit and repairs or replaces the unit when needed, also checks for carbon monoxide leakage. To apply for either the weatherization program or the HARRP Program; bring income verification, deed if own house, rent receipt if you rent, and social security cards for all family members. The income for weatherization are 200% and HARRP Programs are 150% of the poverty guidelines.

Urgent Repairs: This programs makes urgent repairs to fix unsafe or unsanitary conditions. The program usually works with one project such as repairing a roof, fixing a substandard floor, making a wheel chair ramp. Etc. Bring income verification, social security cards for each household member and deed showing ownership, Urgent repairs income guidelines are 50% or below the median income guidelines. There is a Spanish speaking counselor in Lee County to assist with outreach information, referral and follow-up, for clients with language barriers.

Housing Counseling: Comprehensive Housing Counseling is designed to assist homeowners who are experiencing financial difficulty and are behind in their mortgage payment. Default and Delinquent Counseling, and pre-purchase counseling is provided. We also provide HECM and Fannie Mae reverse Mortgage counseling.

Head Start Program: for 3&4 -year old, disadvantaged children and their families. They should be 3 or 4 before October 16th. To apply bring Social Security Card for the Parent and child; child's birth certificate; child's shot record; physical for the child less than one year- old (can be gotten at the Health Department); proof of income (w2 form, check stub, written statement from employer or assistance source). The preference is previous 1040 income tax form. Bring Medicaid card if they have Medicaid. The Head Start Program has 4 major components-education, comprehensive health care programming, parent education involvement, social services designed to help the entire unit. This also includes programming for handicapped children.

Welfare to Work Counseling: accepts referrals from Department of Social Services to work with TANF recipients having a hard time getting jobs and off.

FEMA: assist with utility bills to prevent cutoff and rental assistance to prevent eviction.

United Way and Local churches and local area ministries: assist the counselors to meet crisis, needs so that long range case management plans can be made.

Lee County Arts Council

PO Box 2615

144 S. Moore St.

Sanford, NC 27330

(919) 774-6139

E-mail: director@leecountyarts.org

Web: www.leecountyarts.org

Type of Service: The promotion and facilitations of the Fine Arts in Lee County.

Cost: Varies with the membership, program or class.

Service Description: The Lee County Arts Council brings the arts to the community and the community to the arts through in school programs and artist residencies; a quarterly newsletter; multicultural arts programs' arts classes; and art shows at the Carolina Artists' Colony and the Artists' Loft. The Lee County Arts council is a designated county partner of the North Carolina Arts Council. Through the partnership, the Arts Council provides funding of local arts organizations and events for organizations such as the Lee County Orchestra, Sanford Brush and Palette Club, High Hopes (seniors), Heart of Carolina Orchestra, and LCI, Inc.

Miscellaneous Information: The council is made up of an Executive Director and 10-16 volunteer board members, who meet the first Tuesday of each month in the council's office located in the North Carolina Artists' Colony. The Lee County Arts Council receives a seed grant from the state of North Carolina that must be matched from local sources, including individuals and corporate donations.

Lee County Department of Social Services

530 Carthage St

P.O. Box 1066

Sanford, NC 27331

(919) 718-4690

(919) 718-4634 Fax

Hours: Monday-Friday, 8am-5pm

Web: www.leecountync.gov

Type of Service: Financial Assistance and Social Services

Cost: Free (unless a fee set by Social Service Board or County Commissioners)

Lee County Department of Social Services

Financial Assistance Programs:

Work First Family Assistance: Temporary assistance for needy families (WFFA). Eligible families get a monthly check or a one-time payment when the family has children (under 18 or expected to graduate prior to turning 19) that meet a certain degree of relationship to the adults applying. Consideration given to countable income, that must be at or less than a certain percent of the poverty level and resources/liquid assets must be below certain levels. This program also provides Medicaid that assist with medical care to those family members.

Medical Assistance (Medicaid): This program helps families or individuals that are (aged/disabled) with medical bills (doctor fees, prescriptions drugs, hospital charges, nursing home care, etc.). All of them have income limits and some coverage programs have resource limits. If eligible, Medicaid can also cover unpaid medical bills for the three months prior to your month of application.

Food and Nutrition Services: Supplements low income families/individuals to buy adequate food for proper diets. Households must pass an income and resource test. Allotments are computed based on income, certain household expenses, living arrangements and household size. Eligible household receive an EBT card (electronic debit card) that they use to purchase food. The EBT card can be swiped at grocery merchants similar to a credit card.

Crisis Intervention Program: This program is for low-income households in a heating or cooling-related life threatening emergency. This program has limited funding and normally runs during the fall and winter unless there is a presidential declaration due to heat related deaths during the summer.

Low-Income Energy Assistance Program: This program provides a once a year assistance payment to low-income households to help with the cost of heating. Applications are usually taken in late October or early November. Checks are issued in February based on the type of heating source, the household's income and the area of the state the applicant resides.

Child Support Enforcement: This program seeks to establish paternity, establish child support orders, enforce orders, collect payments and obtain medical insurance from absent parents.

North Carolina Health Choice: Health Insurance coverage for the children who do not qualify for Medicaid and whose family income is under 200% of poverty. This program requires a yearly \$50 enrollment fee for a family with 1 child or \$100 for 2 or more when the family income is over 150% of the poverty. There is a small copayment for some of the services provided by N.C. Health Choice.

Lee County Department of Social Services

State-County Special Assistance for Adults: A cash supplement to help low-income individuals residing in adult care homes such as (rest homes) pay for their care. Adult Care Homes are unlike nursing homes in that medical care is not provided by home staff. Designated staff may administer medications and provide personal care services such as assistance with bathing, eating and dressing.

Energy Neighbor Energy and CEMC Project Share: This program is for households in a heating or cooling related emergency when service is provided by Energy Neighbor and Central Electric Membership Corporation. These programs have income limits and authorization is based on funding availability.

Jim Garner Fuel Fund for the Elderly: Program runs strictly on contributions from the community. These funds are used to provide heating or cooling for the elderly that are living on fixed incomes. The program is expanded when contributions allow, assisting this same elderly group with prescriptions.

Child Day Care: This program provides authorization for child day care expenses for low-income families that are employed, attending school, protective service's cases, developmentally delayed, and Work First Families. There are different eligibility requirements based on the reason for need for child care. Parents can expect to have a parent fee each month for their portion of the child care expense.

Social Services:

Work First Employment Service: Purpose of this program is to assist Work First recipients in becoming self-sufficient through job training and education, with emphasis on job placement.

Adult Services Include: In-Home Aide Services, Home Management Services, long term care, Adult Day Care (day care for adults), Nursing and Adult Care Home placement, respite services, case management for adults at risk for abuse, neglect or exploitation, and adult protective services. Also Adult Care Home case management for those individuals in area facilities requiring enhanced care and supervising/monitoring adult care homes/family care home under licensure rules and regulations of the Division of Facility Services, and provide guardianship services for individuals found incompetent and there is no family or individual capable, suitable, or willing to serve.

Aid to the Blind: Aid for people who are not eligible for Medicaid, but need aid in getting eye exams and eye glasses; social services for the blind. Aid to the blind and appointment necessary.

Child Services: Recruitment, training and licensing for foster/adoptive parents, conduct independent adoptions, supervision of adoptive placement, home studies for relative adoptions. We offer supervision of dependent children in foster care

Lee County Department of Social Services

with the focus on return to family or other permanent situations: i.e. adoption, guardian, custody and investigations or assessment of families where abuse/neglect/dependency has been alleged and treatment (case management) for families where abuse/neglect/dependency has been established.

Youth Work Permit: Issue employment certificates to children under the regulations of the State Department of Labor. Forms can be picked up at the Social Services or printed from the internet. After the employer completes the forms, it must be brought to Social Services. The permit must be signed by the minor in front of the social service's staff issuing permits. The minor must bring with them their birth certificate or legal picture identification.

Community Alternative Program (CAP): A Medicaid waiver program, which provides an alternative to nursing home placement for those eligible persons.

Disaster Assistance: Assisting the American Red Cross and Emergency Management in event of a disaster. Functions would include registration of residents of shelters, management of the shelters and providing services to shelter residents.

Disposition of Unclaimed Bodies: When Lee County residents expire and the bodies are not claimed for burial by friends or family, Social Services must dispose of the bodies. This disposition does not include a funeral or burial.

Voter Registration: Register to vote all individual applying for benefits, recertifying their benefits, or updating an address at the public assistance agency.

Fishing License Waiver: We issue Residential Subsistence Inland/Costal Recreational Fishing License Waivers for recipients of Medicaid, Food Stamps and Work First Family Assistance.

Lee County Health Department & Programs

PO Box 1528 106 Hillcrest Drive

Sanford, NC 27331-1528

(919) 718-4640 General Information

(919) 718-4632 Fax

(919) 776-7446 Animal Services-shelter fax: (919) 718-1426

(919) 718-4641 Environmental Health fax: (919) 718-4636

(919) 718-4642 WIC Program fax: (919) 718-4632

(919) 718-4640 Health Education fax: (919) 718-4632

Web: www.leecountync.gov

Type of Service: Health Care

Cost: According to income and service

Animal Services- Animal Shelter: The Lee County Animal Shelter is open door, county facility committed to protecting the health, safety and welfare of people and pets throughout the county by enforcing the North Carolina Rabies laws. The Sheriff's Dept. now handles complaints for stray's/pet surrenders in the field. Stray and unwanted animals are housed at the shelter for up to 72 hours during which time all efforts are made to adopt out these animals to new homes. Shelter hours: Monday-Friday 8:00am --5:00pm On-call if an emergency arises after 5:00pm

Breast and Cervical Cancer Screening: Breast and Cervical screening for Lee County residents (primarily for women over 50 years of age) Services include clinical breast examinations and screening mammograms-instructions in breast self-examination-pelvic examination and a Pap test, if necessary, by appointment only; must meet eligibility requirements. The Power of the Pink objective is to educate and provide screening mammograms to 100 uninsured or underinsured clients age forty and older. Referral will be made to us from Lee Primary Care Family Planning Clinic and Helping Hands Clinic. Our project will address breast health needs through education, screening, diagnosis, treatment and follow-up. Power of the Pink Partnership is committed to work cooperatively with the health department, the local free clinic, the local hospital, physicians, local transportation services, schools, churches and other community health oriented organizations in an effort to promote breast cancer awareness and early detection screenings. New for 2012: "Amando la Vida" (Love of Life) a partnership with Moore County to develop similar services as Power of the Pink, but focusing on the Hispanic/Latino population in Lee County.

Child Health Clinic: Promotes wellness in infants and children through prevention of illness, early detection and referral. Well child clinic/nurse screen clinic—

Lee County Health Department & Programs

Tuesday and Thursday by appointment. Provides well child examinations and screening for early detection for various disabilities.

Care Coordination for Children (CC4C): The CC4C program focuses on the organization of services and resources that respond to the needs of children and their family. Visits to discuss the needs of your child's development and special needs, identification of the community services and programs to meet your child's and family's needs, help in getting the services you have chosen, help in programs and services as your child's and family's needs change, help in coordinating the services you receive; Monday-Friday by appointment.

Communicable Disease Service: Prevention and treatment of transmittable diseases. Tuberculosis skin testing related to active cases of TB or Chest X-ray as indicated, TB skin testing for school employment (\$20 fee), Sexually transmitted infections exam, testing and treatment, HIV testing and counseling (confidential and anonymous).

Community Health Education and Promotion: Promotes and protects the health of all Lee County residents through education, outreach and collaborative efforts with agencies and the community.

Services offered: Community health assessments and evaluations, grant writing, community health fairs, education resources, education and training/programs, adolescent and sexual health issues training, educational classes on topics like family planning, community outreach, healthy eating and active living programs, stress reduction/management, and tobacco prevention. Policy and environmental changes are facilitated in collaboration with programs such as the Community Transformation Program and Lee Community Action Network (LeeCAN) "A Health Carolinians Partnership". Services are offered free of charge. Monday-Friday 7:30am -5:00pm with some services provided after hours.

Health Care Clinic: Lee Primary Care Clinic available to Lee County residents with no medical insurance, Medicaid or Medicare coverage. (\$45 fee plus lab work cost) by appointment Monday-Friday.

Environmental Health Services: Protects vital nature resources and assures public health by providing inspections and education to prevent the contamination of food, water, air and land; Monday-Friday 8:00am – 5:00pm.

Immunization Services: Provides information and vaccines for the prevention communicable diseases, Immunization available by appointment. Immunization Clinic offers provision of information and vaccines for the prevention of communicable diseases. Childhood and some adult immunizations are provided. Influenza Clinic provision of information and vaccines for influenza/flu by

Lee County Health Department & Programs

appointment only (seasonal). We provide pneumonia vaccines to eligible persons when available.

Maternity Health Clinic: The Maternity Health Clinic offers care to pregnant females and focuses on education and supervision of prenatal and postpartum aspects of pregnancy. Patients deliver at CCH by certified nurse midwives. Postpartum Home visits and newborn visits are done by a RN for select clients. Pregnancy Care Management (OBCM) is available for eligible maternity clients. A pregnancy care manager is a health professional, registered nurse or social worker who provides support to pregnant women. PCM's respond to the patient's psychological, education, financial and resource needs by providing face to face counseling, telephone contact or home visit is needed.

Maternity Clinic: Monday and Wednesday by appointment; MCC Monday-Friday by appointment.

Pregnancy Testing: Pregnancy testing by appointment, cost \$20

Specialty Services: Programs such as Sickle Cell Syndrome, call for more information.

Vital Statistics: Birth and Death Certificates registration; Monday-Friday 8:00am-5:00pm.

Women Infant and Children (WIC) Program: Provides nutrition education and supplemental foods to promote healthy development during pregnancy and in early childhood, Promotes breast feeding. Monday-Friday (by appointment only)

Women's Preventative Health Services: Provides comprehensive family planning (birth control) and clinical services that include a total physical exam to teens and women up to 50 yrs. old. Offers reproductive education, counseling and referrals as needed.

Lee County Industries LCI, Inc.

2711 Tramway Rd.
Sanford, NC 27332
(919) 775-3439 Office

Web: www.lciinc.org

Type of Service: Employment, Job training and individual rehabilitation services for individuals with disabilities and other barriers to employment.

Service Description: LCI, Inc. is a community rehabilitation program servicing Lee, Chatham, Moore and Harnett Counties by providing evaluation and training to individuals with barriers to employment and independence. LCI provides individuals rehabilitation to persons with developmental disabilities, to include Medicaid funded CAP/Innovations, Respite, Personal Assistance and Developmental Therapies. LCI provides job training and placement to individuals with any disability, to include developmental and physical disabilities, mental health disabilities and or substance abuse.

Lee County Library

Main Library

107 Hawkins Ave

Sanford, NC 27330

(919) 718-4665

Web: www.leecountync.gov

Main Library Hours:

9am –6 pm Monday

9am– 9pm Tuesday and Wednesday

9am – 6pm Thursday and Friday

10am–2pm Saturday

Closed Sunday

Broadway Branch

206 S. Main St.

Broadway, NC 27505

(919) 258-6513

Hours:

2pm–6pm Tuesday and Wednesday

3pm–7pm Thursday

Closed Friday through Monday

Type of Service: Education/Information/Referral/Leisure

Service Description: A registered patron in good standing with a library card can borrow books, magazines, DVDs, as well as use Internet and computer resources. Group cards are available. Free library cards may be obtained with appropriate identification.

Other services include: Reader's advisory, public -access Wi-Fi, interlibrary loans, test proctoring, audio books, local history and genealogy materials, newspapers and census data on microfilm, public meeting room by reservation, and children's story times and summer reading programs, outreach to rest homes, etc.

Lee County Parks and Recreation

2303 Tramway Road

PO Box 1968

Sanford, NC 27331

(919) 775-2107

Web: www.leecountync.gov

Type of Service: Recreation and Leisure programs

Cost: Fees vary with activities, call for more information

Service Description:

Athletics: Youth and adult programs. Baseball, basketball, football, gymnastics, softball, volleyball, wrestling, and T-ball

Aquatics: Learn to swim lessons, public swim, pool parties, and special programs.

Recreation Programs: Children's dance, Tiny Tots, and Happy Day Camp

Outdoor education: wildlife displays, camps, lectures, hikes, and public programs

Special events: various camps, clinics, demonstrations, and performances
Rentals: shelter, building and equipment rentals for parties, reunions, weddings, etc.

Facilities:

Main office: 203 Tramway Rd. PO Box 1968, Sanford, NC 27331; (919) 775-2107; recreation and leisure programs information.

San-Lee Park: 572 Pumping Station Rd., (919) 776-6221, nature programs, nature trails, fishing, canoes, paddle boats, shelter, multi-purpose room, picnic sites, camping, playground, wildlife rescue, and 12 miles of mountain bike trails. Open year round.

Armory: 147 McIver St., basketball, volleyball, shuffleboard, and indoor walking.

OT Sloan Park: 1420 Bragg St., Olympic sized pool, dive tank, lessons and various programs available. Open Memorial Day Weekend to Labor Day Weekend. Rotary club tennis courts, 6 lighted, 1 rebound wall, restrooms, also 2 lighted athletic fields, playground equipment, picnic areas, shelter, disc golf course, beach volleyball court, restrooms.

Horton Park: 1515 Washington Ave. Two shelters, playground equipment, a hard surfaced basketball court, lighted athletic field, restrooms.

Kiwanis Children's Park Place: 101 Park Ave. Neil A. Cole Tennis courts, 4 lighted; also shelter, playground equipment, and restrooms.

Kiwanis Family Park: 1800 Wicker St. Fitness trail, greenway, strolling garden, shelter, gazebo, picnic tables, playground equipment, volleyball courts, open space, and restrooms.

Buchanan Park: 3100 Cameron Dr.; shelter, picnic tables, playground equipment, lighted athletic field, and restrooms.

Lee County Parks and Recreation

Dalrymple Park: 300 Globe St. Ingram building, multipurpose use for dance classes, meetings, parties. Also 2 lighted athletic fields, two hard surface basketball courts, batting cage, playground equipment, and restrooms.

Optimist Park: 301 Legion Dr.; lighted athletic field batting cage, and restrooms.

Temple Park: 806 McIver St., 2 lighted athletic fields, and restrooms.

WB Wicker Gym: 806 S. Vance St.; basketball, volleyball

Tramway Road Park: 2301 Tramway Rd; 4 lighted athletic fields, soccer field, pond, playground, walking trail, and shelter.

Lee County Senior Services

The Enrichment Center
1615 South Third Street
Sanford, NC 27330
(919) 776-0501

Web: www.leecountync.gov

Type of Service: Information & Referral/Activities/Services

Cost: Fees vary depending on activity. Service fees based on NCDAAS Consumer Contribution Policy; call for more information.

Mission Statement: The mission of Lee County Senior Services is to fashion an achievable vision of successful aging in Lee County.

Service Description: Information and Referral: The Enrichment Center's knowledgeable staff will assist you in finding the answer to any question related to aging services. Social workers, fitness specialist, notary and activity director are available to assist you.

Community Information Services: Trained volunteers and staff provide assistance with tax preparation; deciphering Medicare and insurance statements.

Advance directives or living wills are available and can be notarized at the center. An appointment is recommended.

Diners Club: Provides a hot, nutritionally balanced noontime meal for older adults at the Enrichment Center. Social programs, exercises, educational programs, and health screenings are included. Arrangements can be made for home delivered meals.

Services to Maintain Independence: Transportation.

Lee County Senior Services

Social and Educational Programs: Lee County Senior Services is housed in a community center providing activities, trips, seminars, self-help information and a monthly newsletter listing date/time events.

Medication/Fuel Assistance: Persons 60 or older may be eligible for this program based on individual need.

Group Respite (Caregiver's Time Out): This program provides temporary relief for caregivers, enabling them to meet personal needs and supporting their efforts to provide the majority of care for their family member in the home. For the participant, the program offers socialization, music, crafts, games, art and various other activities. Space is limited. Eligibility requirements include: continence with ability to use restroom facilities independently and ability to feed and ambulate without assistance.

Support Groups: The Enrichment Center plays a vital role in the lives of Lee County's older adults. We wish to empower the older adults and their families by providing the information and a support network to improve coping skills. We invite you to attend any of the following support groups:

Alzheimer's Support	-	Cancer Support
Parkinson's Support	-	Gran-care Support
"ANGELS" Support	-	MS Self-Help Group
Living with Vision Loss	-	Grief Support
Diabetes Support	-	Stroke Support

SHIIP: The Seniors' Health Insurance Information Program (SHIIP) answers questions and can counsel older adults about Medicare, Medicare Supplement, Medicare Part D and other health insurance.

Volunteer Corps: The Enrichment Center Volunteer Corps is designed to serve as a clearinghouse for volunteer opportunities throughout Lee County.

Fitness Programs:

Fitness Room: A fully equipped gym and part-time fitness trainer are available. An orientation is required before using the equipment or other programs.

Exercise Classes: Water Aerobics, Exercise with Kathy, Stretch & Tone, Yoga & Silver Sneakers. Please call (919) 776-0501 for more information.

Senior Games of Lee County/Silver Arts: Olympic-style athletic events as well as artistic events. Open to Lee County residents 50 years of age and better. Contact: Jimmy Solomon.

Schedule of activities can be obtained at the Information Desk or by calling (919) 776-0501.

Lee County Thrift Shops

Christian United Outreach Center

2885 Lee Avenue

Sanford, NC 27330

(919) 774-8485

Web: <http://www.cuoclc.org/>

Hours: Monday through Saturday 9:00 am – 1:00 pm

DBR Ministries Thrift Store

200 S. Steele St.

Sanford, NC 27330

(919) 708-5643

E-mail: dbrministries@yahoo.com

Hours: Tuesday through Friday 10a.m.-5p.m., Saturday 10a.m.-3p.m.

DBR Ministries is a non-profit thrift store with proceeds benefiting The Lighthouse Recovery Ministry, a function of DBR Ministries that teaches on Recovery Topics.

The Lighthouse Recovery Ministry holds three support groups including an Addiction Group, a Codependency Group, and the Family Support Group.

Proceeds also benefit the Lighthouse Fellowship Home, a Sober Living House in the Sanford Area.

Divine Finds

P.O. Box 1152 511 Wicker St.

Sanford, NC 27330

E-Mail: gemwilson@windstream.net

Facebook: Divine Finds

(919) 718-0446

Lee County Thrift Shops

Fabulous Finds

201 N. Steele Street
Sanford, NC 27330
(919) 777-9048

Hours: Tuesday- Friday 10a.m.-5p.m., Saturdays 10a.m.-2p.m.

Fabulous Finds is a consignment shop that carries used items as well as some new items. They accept clothes items from birth to adult plus sizes for girls, birth to small Jr. for boys, accessories such as shoes and purses, baby items such as strollers, cribs, and walkers, and toys that are in great condition with no pieces missing. All clothing items are in season and less than five years old. New items are added to the floor daily. Items marked down twice a month.

Lee PTO Thrift Shop, Inc.

303 S. Steele Street Sanford, NC 27330
(919) 776-4142

Middle Class Thrift

529 Wicker Street
Sanford, NC 27330
(910) 229-5132

Hours: Monday through Friday 10a.m.-5p.m., Saturday 8a.m.-3p.m.

Items are thoroughly inspected and purchased prior to selling; no donations.

Middle Class Thrift carries furniture, household items, and clothing

The Salvation Army

305 S. Steele Street Sanford, NC 27330
(919) 776-2769

Legal Aid of North Carolina, Inc.

Administration Office:

224 South Dawson Street

Raleigh, NC 27601

(877) 579-7562 SENIOR LEGAL HELP LINE

(866) 219-5262 Toll Free

Indicate in which county you live.

Hours for New Clients Registration: 9-11am; 1-3pm (Monday thru Friday)

Web: www.legalaidnc.org

Type of Service: Legal Aid for low-income persons in non-criminal matters.

Cost: none

Service Description: The LANC Senior Law Project (SLP) specifically serves clients that are 60 years of age or older. Special priority is given to the population consisting of those seniors with the greatest economic or social need. Clients who are age 60 or older are exempt from income limitations and are eligible for our services.

Some of the services we can help you with:

Simple Will; Living Will; Power of Attorney; Health Care Power of Attorney

Public Benefits:

Medicaid

Food Stamps

SSI/SSD

Abuse/Neglect

Unemployment Compensation

Housing Issues:

Landlord/Tenant (Eviction Defenses) or Mortgage Foreclosure

Subsidized Housing Rights

Tenant's Repair Needs

Utilities

Consumer Issues

Wrongful Repossession

Liberty Home Care & Hospice

1005 Carthage Street

Sanford, NC 27330

(919) 774-9522

Web: www.libertyhomecare.com

Type of Service: Home Health and Hospice

Cost: Medicare, Medicaid, Fee Scale, Private Insurance, Worker's Compensation, VA and Private Pay.

Staffing: Amy Gunter, RN, Home Health Operations Manager

Judy Page, RN, Home Health Coordinator

Jennifer Matthews, RN, Hospice Operations Manager

Service Description: Skilled care through a multi-disciplinary team approach. The home health team includes nurses, home health aides, physical therapist, occupational therapist and speech therapist and medical social worker. Our Hospice team has nurses, aides, volunteers, medical social worker, chaplain and rehabilitation, as needed. We provide the medical supplies based on health insurance approval. For more information about your individual needs, call us. Anyone may request services.

Miscellaneous Information: Evaluation visits are made to determine if your needs can be met through these services or if a more appropriate referral is needed. There is no charge for this evaluation visit if the person does not become a client of Liberty Home Care & Hospice.

Medical Review of North Carolina Inc.

100 Regency Forest Drive, Suite 200

Cary, NC 27511

(800) 722-0468 Toll Free

Service Description: Information on appeals procedures following Medicare denial of Part A benefits

Moncure Community Health Center

7228 Pittsboro-Moncure Rd.

Moncure, NC 27559

(919)542-4991

Web: www.piedmonthealth.org

Type of Service: Medical, Dental, Nutrition, Pharmacy

Cost: Medicaid/Private Pay/Private Insurance; sliding fee scale options available for qualified patients.

Service Description: All general health care, for adults and children, including prenatal/postnatal care and maternity care coordination. Spanish speaking staff are available, including doctors; Dental care for all ages including dentures for older adults; Social work, case coordination for older adults.

NC Cooperative Extension Service in Lee County

2420 Tramway Rd.

Sanford, NC 27332

(919) 775-5624

Web: www.lee.ces.ncsu.edu

Type of Service: Education, Information, Referral

Cost: Most services are free

Service Description: The Agricultural Education Program focuses on helping farmers solve everyday problems of crops, weed control, soils, forestry and business management. Homeowners will find a wealth of information available to them concerning lawn, home gardens, landscaping, and insect and disease control. Family and Consumer Education Programs are designed to strengthen families and the home environment. Areas include food, nutrition and health, environmental awareness, financial resource management and food safety.

4-H Youth Development Programs help children ages 5 to 18 develop life skills through 4-H Clubs, school enrichment and special interest activities.

Services: Resource materials and education programs in a variety of areas, information and referral, soil analysis, insect and plant identification, youth and adult activities.

NC Department of Commerce
Division of Workforce Solutions
(Formerly Employment Security Commission)

Lee Co. Job Link Center
1909 Lee Ave.
Sanford, NC 27330
(919) 775-2241 Information
E-mail: esc.jobs.sanford@nccommerce.com
Web: www.ncesc.com

Type of Service: Employment Assistance

Cost: Free

Service Description: Provides job assessment, labor market information, employment counseling, job placement, etc. Makes referrals to jobs or supportive services, offers clerical testing and offers training under WIA (Workforce Investment Act).

NC Department of Insurance Hotline

1201 Mail Service Center
Raleigh, NC 27699-1201
(855) 408-1212
(919) 807-6750

Web: www.ncdoi.com

Type of Service: Insurance Hotline

Cost: Free

Service Description: The Department of Insurance performs a variety of functions that affect the lives of North Carolinians in a number of ways:

License and regulate insurance companies, agents, brokers and claims NC adjusters.

Oversee the operation of insurance companies to help assure financial health.

Regulate premium rates insurance companies may charge and the policy forms they may use in providing coverage.

Provide information and assistance to insurance consumers.

Provide unfair and deceptive trade practices in the business of insurances

Train volunteer counselors to assist older adults in the areas of Medicare, Medicare supplement, and long-term insurance.

NC Division of Services for the Deaf and the Hard of Hearing

2301 Mail Service Center

Raleigh, NC 27699-2301

(919) 874-2212 Local

(800) 851-6099 Voice/TTY

Type of Service: Human Services related to Deaf, Deaf-Blind and Hard of Hearing

Cost: None

Service Description: A Regional Resource Center Service for 18 counties, Lee County included. Agency provides advocacy, interpreting, communication support, information, referral and training for and about persons who are Deaf, Deaf- Blind and Hard of Hearing.

NC Lawyer Referral Service

8000 Weston Parkway

Cary, NC 27513

(919) 677-0561

(800) 662-7660

Web: www.ncfindalawyer.org

Type of Service: Legal

Cost: Private Pay

Service Description: Provides referral information, i.e. gives names and phone numbers of attorneys.

NC Library for the Blind & Physically Handicapped

1841 Capital Blvd.

Raleigh, NC 27635

(888) 388-2460 Nationwide Toll Free

(919) 733-4376 Voice

(919) 733-1462 TDD

(919) 733-6910 Fax

E-mail: nclbph@ncdcr.gov

Web: <http://statelibrary.ncdcr.gov/lbph>

NC Library for the Blind & Physically Handicapped

Type of Service: Provides reading materials for Visual/Handicapped

Parent Agency: NC Department of Cultural Resources

Also connected with, and administers services for: National Library Service for the Blind and Physically Handicapped of the Library of Congress (NLS).

Website: <http://www.loc.gov/nls/>

Cost: There is no cost for the library service, except for a one-time fee for the Descriptive Video Club (includes VHS and DVD items). All books, materials and equipment are mailed "Free Matter for the Blind."

Service Description: Loans recreational reading materials (books and magazines) in Braille, on digital cartridge, on cassette tape and in large print. All audio materials will only play on special playback equipment which the library loans to active patrons, providing they check out at least one book per year. There are NC Library for the Blind & Physically Handicapped special attachments for the equipment, such as breath switches, amplifiers, and extension levers for the cassette players to assist patrons with special needs. The library offers a book collection of over 90,000 titles and over 100 magazines. The library collection includes children, juvenile, and adult materials. There are also a limited number of foreign language titles. The library now has a downloadable service for their digital books.

The library offers a collection of over 200 videos that have audio descriptions of the action. The library does not loan video equipment.

This part of the library service is only open to patrons who are actively using another part of the service. There is a one-time charge for this service.

Population Served: The library will serve individuals residing in NC who cannot use regular print due to a visual or physical handicap, or institutions that serve qualified individuals, such as schools or nursing homes.

Eligibility & Certification: Any NC resident who, because of either a visual impairment or a physical handicap, cannot use regular printed materials would qualify for the service.

An application, available by mail or on-line on the website, must be completed and certified by a qualified authority such as a social worker, nurse, or doctor.

Applications for individuals that have a reading or learning disability require a medical doctor to certify that the disability has a physical basis. The original signed application must be mailed in. Faxed or e-mailed applications cannot be accepted due to NLS regulations.

NC Library for the Blind & Physically Handicapped

Volunteers: The library uses many volunteers at the Raleigh facility.

Volunteers are used for recording in-house books or magazines, brailing, shipping activities, administrative support and clerical duties.

We will provide speakers, on a limited basis for presentations of library services.

NC Office of Citizen Services

2012 Mail Service Center

Raleigh, NC 27699-2012

(800) 662-7030 Toll Free

Web: www.dhhs.state.nc.us

Type of Service: Information & Referral Service/Ombudsman Service

Cost: Free

Service Description:

Ombudsman Program – The Ombudsman serves as the liaison between citizens and the Department of Health and Human Resources. The Ombudsman oversees the handling of problems, complaints or inquiries relating to the programs and delivery of services that fall within the jurisdiction of the Department.

Information & Referral – Callers receive information and referral on human service agencies in government, non-profit agencies and support groups through the Information and Referral.

Network on Aging (NOA)

1615 South Third Street

(919) 776-0501

Service Description: The Network on Aging is a collaborative effort among aging providers in Lee County and its surrounding areas to assess and identify the ever growing and changing needs of the aging population. The NOA meets monthly to address any new issues that may arise.

North Carolina Assistive Technology Program

1110 Navaho Drive
Raleigh, NC 27609-7322
(919) 775-3439 ext.221
2711 Tramway Rd.
Suite 101 Sanford, NC 27332
(919) 775-3439 ext. 221

Web: www.ncatp.org

Type of Service: Disabled-Technology

Cost: Formal written computer access evaluations are available on a fee-for-service basis; all other services are free.

Service Description: Serves all disabilities, all ages. Primary purpose is to help people with disabilities and professionals select assistive technology (equipment) to enable a person with a disability to become more independent and to improve the quality of one's life.

Demonstration and tryout of adaptive equipment, information and referral through 12 demonstration centers are available. Short term loan of equipment is also North Carolina Assistive Technology Program available. Information on funding resources and strategies as well as community resources is available.

North Carolina Department of Justice

114 West Edenton Street
Raleigh, NC 27601
(919) 716-6400 Roy Cooper, Attorney General
(877) 5NO-SCAM Toll Free

Web: www.ncdoj.gov

Type of Service: Consumer Protection

Service Description: Assists with consumer problems and unfair and deceptive trade practices by businesses, as well as educating consumers about scams.

North Carolina Medical Society

222 North Person Street
Raleigh, NC 27601
(919) 833-3836
(800) 722-1350 Toll Free
Web: www.ncmedsoc.org

Type of Services: The North Carolina Medical Society is to unite, serve, and represent physicians in order to enhance physician advocacy for their patients and improve the health of the people of North Carolina.

North Carolina Senior Consumer Fraud Task Force

If you or someone you know becomes a victim of fraud, please contact:
Local law enforcement authorities or the
North Carolina Attorney General's Office
Consumer Protection Section
9001 Mail Service Center
Raleigh, NC 27602
(919) 716-6000

Type of Service: Consumer Protection

Description of Service: The North Carolina Senior Consumer Fraud Task Force was established in 1998 by the Office of the Attorney General, the North Carolina Division of Aging and Adult Services and AARP to fight consumer fraud that targets seniors in our State. Federal, state and local law enforcement, consumer North Carolina Senior Consumer Fraud Task Force networks, crime prevention agencies and the state's aging network have formed an alliance to take action against consumer fraud.

OUR GOALS:

To identify consumer fraud and deceptive trade practices in North Carolina in order to enhance awareness and prevention.

To educate older North Carolinians about fraud and how to avoid being victimized; and what to do if they are defrauded.

To use volunteers as a resource for law enforcement in the fight against fraud.

To link various agencies to provide updated information on fraud and deceptive practices occurring in the state that target seniors.

North Carolina Senior Legal Helpline

(877) 579-7562 Toll Free

Web: https://www.legalaidnc.org/public/learn/Statewide_Projects/

Intake hours for new callers: 9am – 11 am; 1pm – 3pm (Monday- Friday) Type of Service: Legal aid to those who qualify

Description of Service: Serving clients who are 60 years of age or older. Priority is given to the population of seniors with the greatest economic need for help with legal services in civil (non-criminal) matters.

Parkview In-Home Aide Service

P.O. Box 4057

620 Westover Drive

Sanford, NC 27330

(919) 775-1475

(800) 777-1475 Toll Free

Type of Service: Home Care Services

Cost: Competitive Rate

Service Description: State approved agency serving Lee Harnett, Moore, Chatham, Hoke, Cumberland and Wake Counties. All nurse aides are certified and supervised by a registered nurse at all times.

Parkview is a family owned, home-town based agency serving clients 24 hours a day, 7 days a week, since 1989. We offer Personal Care Service (PCS), Community Alternative Program (CAP), and private pay. We are also approved by Private Insurance Companies. Clients are billed only for services rendered. Bookkeeping and personnel matters are handled by Parkview. Parkview is Bonded and Insured.

Pharmacies

CVS Pharmacy

(919) 776- 2380 133 Market Place Drive

(919) 776-4574 1802 S. Horner #2

KMART Pharmacy

(919) 774-8510

2515 S. Horner Blvd

Sanford, NC

Medicine Park Pharmacy

(919) 776-9715

(919) 776-2815

Rite Aid

(919) 776-3766 -2045

2045 S. Horner Blvd.

Sanford, NC

Wal-Mart Pharmacy

(919) 776-9399

3310 S. Hwy 87

Sanford, NC 27332

Walgreen Drug Store

(919) 775-4361 -Corner of Dalrymple St. and S. Horner Blvd (Open 24 Hours)

(919) 776-2727 -Corner of Rose St. and Horner Blvd. (formerly Kerr Drug)

(919) 777-5983 -Corner of Center Church Rd. and Jefferson Davis Hwy

Moncure Community Health Center

7228 Moncure-Pittsboro Road

P.O. Box 319

Moncure, NC 27559

(919) 542-4991

Quality Home HealthCare, Inc.

106 Park Ave.

Sanford, NC 27330-4027

(919) 775-2001

(919) 776-8122 Fax

Web: www.qualitync.com

Web: www.qltyhms.com

Type of Service: Home Medical Equipment

Service Description: One stop shop for all your medical needs: Home Medical Equipment, home oxygen, Mastectomy fitting, diabetic and orthopedic Foot Clinic, Home IV services, prescriptions with friendly home town staff to serve you.

Rental Complexes for Older Adults

Web: www.nchousing.org

Adcock Rentals

(Sanford Gardens)
1111 S. Horner Blvd
Sanford, NC 27330
(919) 774-6046

Apple Tree Apartments

2619 Brick Capital Ct
Sanford, NC 27330
(919) 774-0693

Autumn Oaks

250 Willow Oak Lane
Sanford, NC 27330
(919) 718-1552

Brookhollow Apartments

1345 Brookhollow Dr.
Sanford, NC 27330
(919) 775-3323

Courtland Village Apartments

1025 Courtland Village Dr.
Sanford, NC 27330
(919) 774-1171
E-mail: courtland@windstream.net

Firetower Crossing

119 Lightwood Ln. Sanford, NC 27330
(919) 777-0661
E-mail: firetower@upmapartments.com

Rental Complexes for Older Adults

Forest Ridge Apartments

538 Forest Ridge Dr.
Sanford, NC 27330
(919) 774-6423 Amy Ellis, Site Manager
E-mail: Forestridge@partnershippm.com

Hunter's Glen

(Simpson & Simpson Property)
550 Glennaire Drive
(919) 774-6511

Sanford Estates

509 Ryan Ave.
Sanford, NC 27330
(919) 776-7032

Sanford Makepeace Apartment

102 Carthage St.
Sanford, NC 27330
(919) 775-1255

Sandhill Manor

801 Harkey Rd.
Sanford, NC 27330
(919) 777-0694

Simpson & Simpson

503 Carthage St.
Sanford, NC 27330
(919) 774-6511
E-mail: simpsonandsimpson@windstream.net
Web: www.simpsonandsimpson.com

Rental Complexes for Older Adults

Summerfield/Applegate Apartments

2518 Indian Well Ct

Sanford, NC 27330

(919) 774-1009

E-mail: summerfield@partnershippm.com

Westridge Apartments

2093 Pathway Dr.

Sanford, NC 27330

(919) 775-5134

Wilrik Hotel Apartments

152 S. Steele St.

Sanford, NC 27330

(919) 777-2773

Woodbridge Apartments

5200 Arrowwood Circle

Sanford, NC 27330

(919) 774-6125

West Rose Apartments

1112 Juniper St

Sanford, NC 27330

(919) 356-1749

Ryder Downs

1718-1726 Pendergrass Rd.

Sanford, NC 27330

(919) 897-2415

Woodland Heights

700 Woodland Heights Dr.

Sanford, NC 27330

(919) 935-0989

SHIIP (Seniors' Health Insurance Information Program) **NC Department of Insurance**

11 S. Boylan Avenue

Raleigh, NC 27603

1-855-408-1212 Toll Free

(919) 776-0501 Local SHIIP Contact – The Enrichment Center

Web: www.ncshiip.com

Type of Service: Insurance Counseling

Service Description: SHIIP answers questions and will counsel older adults about Medicare, Medicare Supplements, Medicare Prescription Drug Plans and other seniors' health insurance benefits and options.

Salvation Army

507 N. Suite 203 Steele Street Administrative & Social Service Office

305 S. Steele Street Thrift Store

Sanford, NC

(919) 718-1717 Administrative & Social Service Office

(919) 776-2769 Thrift Store

E-mail: Terry_Hertzog@uss.salvationarmy.org

Web: www.salvationarmysouth.org

Type of Service: Emergency Assistance

Service Description: The local unit of the Salvation Army operates a thrift shop that sells affordable, reusable items to the public. They also will provide emergency assistance after determining if an individual is eligible for assistance. He/she must go through an application process.

Miscellaneous Information: Donations and volunteers are always welcomed.

Sanford Housing Authority

P.O. Box 636
1000 Carthage Street
Sanford, NC 27330
(919) 776-7655 Office
(919) 776-7657 Fax

Web: www.shanc.org

Type of Service: Affordable Housing

Cost: Rent is based upon 30% of a person's actual income.

How to Apply: Applications can be picked up and returned at our main office at 1000 Carthage St.

Our Goal: Since 1961, The Sanford Housing Authority has made its goal to provide safe and sanitary housing for the low-income citizens of Sanford, North Carolina. In all, the Authority owns 443 public housing units in its communities across the area, plus manages another 441 Section 8 voucher program units. Both of these housing options can provide you and your family with safe, affordable housing in great locations throughout Sanford and Lee County.

Our Communities: We have 8 communities scattered throughout Sanford to meet your specific housing needs.

Of these eight, two are specifically designated for the elderly and disabled. These include Stewart Manor off of Horner Blvd, and Matthews Court off of Third Street. Both locations are conveniently located within minutes of stores, post office and banks, yet still provide a peaceful, community minded living arrangement. At both these locations, we have an onsite resident services coordinator who facilitates many activities for residents, including weekly trips to the Sanford Nautilus, Bingo Night, bowling at Kendale Lanes and various other outings for our residents to enjoy at no cost to them.

Home Ownership Program: We offer a Home Ownership program which provides individuals and families the opportunity and assistance needed to purchase a home of their own in the Sanford/Lee County area. Financial, as well as, planning and budgeting assistance is available for all qualified participants. Call today to find out qualifications and let us make becoming a homeowner a viable option for you and your family.

Sanford Housing Authority

Housing Complexes Available:

Linden Heights – Linden Ave. and Talley Ave.
Matthews Court – Third St. and Temple Ave.
Harris Court – Vance St., Dudley St., Odd fellow St.
Gilmore Terrace – James St., Walden St., Fields Dr., Harrington St.
Stewart Manor – 500 Dudley St.
Utley Plaza – Winslow St.
Foushee Heights – Eames Dr.
Garden Street – Garden St., Clark Circle, Battle Ave., Rose St.
Ryder Downs 1718 Pendergrass Rd
Woodland Heights 700 woodland heights Dr.

Sanford Lions Club

P.O. Box 892

Sanford, NC 27331-0892

Sanford Lions Club

(919) 718-4690 Sarah (Sallie) Wofford, Social Worker for the Blind, Lee County

E-mail: sallie.wofford@dhhs.nc.gov

(919) 656-3505 Phil Bradley

Type of Service: Visually Impaired/Hearing Impaired

Service Description: Provide assistance with the visually impaired.

Section 8 Rental Assistance

1000 Carthage Street

Sanford, NC 27330

(919) 774-6212

Type of Service: Rental Assistance

Service Description: Rental assistance provided to landlords on behalf of the client.

Generally, assistance is 30% of family's gross income.

Senior Games and Silver Arts of Lee County

The Enrichment Center of Lee County 1615 S. Third St.

Sanford, NC 27330

(919) 776-0501 contact: Jimmy Solomon

Type of Service: Olympic-style Athletic events, as well as, Artistic events Cost: \$10.00

Early Bird/ \$15.00 Late Registration

Service Description: Open to Lee County residents 50 years of age and better. Senior Games and Silver Arts of Lee County is part of a network of local games across the state; sanctioned by NC Senior Games, Inc.

Participants in Senior Games and Silver Arts of Lee County compete to qualify for NC Senior Games State Finals held each fall in Raleigh.

Seniors Eye Care Program

P.O. Box 429098

San Francisco, CA 94142-9098

(877) 887-6327 Administration (Toll Free)

Monday thru Friday 8a.m. till Noon (PST)

E-mail: pubserv@aao.org

APPLY ON-LINE

Web: www.eyecareamerica.org

Type of Service: Medical Eye Care

Cost: No cost to patient

Service Description: Provides medical eye exam in order to detect and treat eye disease at no cost to patient (65 years and older). Medical eye care is provided through an area doctor. (In our area there are locations in Southern Pines, Raleigh and Fayetteville.)

Visit website for on-line questionnaire to determine eligibility for program.

Eligible Persons:

- must be 65 years of age or older
- must be citizen or legal resident
- for those who haven't had medical eye care in the last three years
- do not have an ophthalmologist (medical eye doctor).

Miscellaneous Information: Literature about various eye diseases is available upon request & referral service

Services for the Blind (Lee County)

530 Carthage St.

Sanford, NC 27330

(919) 718-4690 ext. 5248 Sallie Wofford, SW III, BSW

Service Description: Social Worker for the blind provides teaching of independent living skills to visually impaired children and adults; serves as a liaison with other agencies.

Information and referral provided as appropriate; counseling on individual basis.

Medical eye care is available to prevent the loss of vision (eye exams, surgery, medication and screening – based on income)

Social Security Administration

401 Tiffany Dr.

Sanford, NC 27330

(800) 772-1213 Toll Free

(877) 319-5774 Toll Free - Sanford Office

Web: www.ssa.gov

Type of Service: Social Security

Service Description: Monthly benefits, Medicare entitlement and SSI assistance (based on age and disability) Applications taken in local office or by mail for Social Security number. Call for more information.

The Social Security Administration's web site provides information about Retirement, Survivors, and Disability Insurance Benefits, and Supplemental Security Income.

Substance Abuse Support Groups

Alcoholics Anonymous

AL-Anon Family Group

319 Moore St.

Sanford, NC 27330

(919) 776-5522

Meetings take place: Thurs: 12 Noon; Fri: 8PM

Substance Abuse Support Groups

AL-Anon Family Group

407 W. Main St.

Sanford, NC 27330

(919) 776-8767

Meetings take place: Tues: 8PM

Central Carolina Group

319 Moore St.

Sanford, NC 27330

(919) 776-5522

Meetings take place: Mon-Sat: 12 Noon; Mon- Sun: 6PM; Fri: 8PM

Jonesboro United Methodist Church

407 W. Main St.

Sanford, NC 27330

(919) 776-8767

Meetings take place: Tues, Thurs, and Sat: 8PM

Spanish Speaking Meetings

2605 Fayetteville St.

Sanford, NC 27330

(888) 425-2666

Meetings take place: Tues and Thurs: 5:30 PM

The Lighthouse Recovery Ministry

Grace Chapel Church

Sanford, NC 27330

(919) 478-6237

Meetings take place: Thursdays 6:30p.m.-8p.m.

The Lighthouse Recovery Ministries teaches on topics of Addiction, Codependency, Christian Recovery, and the Recovering Family as well as holds support groups including an Addiction Group, a Codependency Group, and a Family Support Group. Music and Refreshments are available as well as Child Care. They serve the Sanford community with support and education for alcohol and drug problems.

Substance Abuse Support Groups

Shallowell United Church of Christ
1220 Broadway Road
Sanford, NC 27330
Meetings take place:
Sat: 8PM

Narcotics Anonymous

Fair Promise AME Zion
712 Wall Street
Sanford, NC 27330
Meetings take place: Tues: 6PM

Shallowell United Church of Christ
1220 Broadway Road
Sanford, NC 27330
Meetings take place:
Thurs: 8PM

The Lighthouse Recovery Ministry
Grace Chapel Church
Sanford, NC 27330
(919) 478-6237

Meetings take place: Thursdays 6:30p.m.-8p.m.

The Lighthouse Recovery Ministries teaches on topics of Addiction, Codependency, Christian Recovery, and the Recovering Family as well as holds support groups including an Addiction Group, a Codependency Group, and a Family Support Group. Music and Refreshments are available as well as Child Care. They serve the Sanford community with support and education for alcohol and drug problems.

Telecommunications Access of NC (TANC) a.k.a. Relay NC

(919) 733-2974

711 Voice or Text

(800) 735-2962 TTY

(877) 735-8200 Toll Free

(888) 999-5737 Telecommunications Equipment Distribution Program (TEDP)

Web: <http://www.fullcirclecare.org/nc/disability/relay.html>

Type of Service: Disability Support

Service Description: Relay North Carolina is administrated by the Department of Health and Human Services - North Carolina Division of Services for the Deaf and Hard of Hearing. It was established by the NC General Assembly in 1989.

This service provides telephone accessibility to people who are deaf, hard of hearing, or speech-disabled. It is designed so that anyone can pick up the phone and make a call.

The person needing the service calls a special phone number and is connected to a trained Relay operator. The operator facilitates the call using the

Relay preference you indicate. It is available 24 hours a day, 365 days a year, with no restrictions on the number of calls or on their length.

There is no charge for using Relay North Carolina within your local calling area. Long-distance call rates are determined by the carrier of choice. Currently, Sprint is the contracted provider of the service. Sprint long-distance calls are billed at a reduced rate.

Temple Theatre

120 Carthage St. P.O. Box 1391

Sanford, NC 27331

(919) 774-4512 Ext. 221 (Office)

E-mail: templetheater@windstream.net

Web: www.templeshows.com

Type of Service: A live professional theatre with diverse cultural programming for all ages.

Cost: \$23 Adults, \$13 Students, \$19 Groups

Service Description: Historic Vaudeville Theatre now serving as a professional vibrant performing arts center.

Total Life Care

824 S. Horner Blvd.

Sanford, NC 27330

(919) 776-0352

Type of Service: In-Home Care

Service Description: Compassionate, comprehensive care available 24 hours a day 7/days a week.

Personal Care

Companionship

Recovery in Home

Bathing/Grooming

Special Needs

Private Duty, RN's & LPN's, CNA's

Medicaid Licensed/ Insured/ Bonded

Miscellaneous Information: Insurance Claims Filed, Medicaid Reimbursement, Free Care Assessment, helping senior/ others live at home.

Life Assistance

Meal Preparation

Errands

Light Housekeeping

Family Support

Therapy (Physical)

Select Physical Therapy

1832 Doctors Drive

Sanford, NC 27330

(919) 776-4289

Therapy Services: Physical Therapist, Orthopedic Care, Sport Medicine with rehabilitation, Orthotics and Prosthetic therapy, Payment various available.

Kinetic Institute Physical Therapist

1210 Carthage Street

Sanford, NC 27330

(919) 776-5488

Central Carolina Hospital

1135 Carthage St.

Sanford, NC 27330

(919) 774-2100

Physical Therapy Dept. ext. 8092

Therapy (Physical)

Performance Rehabilitation

148 Greenway Court
Sanford, NC 27330
(919) 708 7220

Services: Physical Therapist, Orthopedic Care, Sports Medicine with rehabilitation, Orthopedics and Prosthetic Therapy, Payment various and available.

The Exchange Club of Sanford

P.O. Box 783
Golf Course Lane
Sanford, NC 27330
(919) 776-0501 – The Enrichment Center, contact for referrals

Type of Service: Service to Youth and Senior Citizens

Service Description: The Exchange Club of Sanford maintains a fleet of wheel-chairs which are supplied, upon request, for short-term and moderate term needs.

The Club supports child abuse prevention programs and further provides services to youth through its scholarship and academic awards grants.

Many other area public service organizations have received support from the Exchange Club over the years.

UNC School of Dentistry

UNC Chapel Hill- Ground Floor, Tarrson Hall
Corner of Manning Drive & Columbia Street
Campus Box 7450
Chapel Hill, NC 27599-7450
(919) 537-3737 General Inquiries

Web: www.dentistry.unc.edu

Type of Service: Dental Hygiene

Service Description: The mission of the University of North Carolina at Chapel Hill School of Dentistry is to promote the health of the people of North Carolina, the nation and the world through excellence in teaching, patient care, research and service.

The School of Dentistry is honored to provide high-quality comprehensive, primary and specialized oral health care to adults and children throughout the state.

Veterans Administration

Federal Building

251 N. Main St.

Winston-Salem, NC 27155-1000

(800) 827-1000 VA Questions

Web: www.vba.va.gov

Web: www.benefits.va.gov

Type of Service: Veterans Benefits Assistance

Service Description: Questions concerning Veterans Affairs can be answered by dialing (800) 827-1000 and selecting the type of benefit you are seeking or press 0 to speak to a VA employee.

Fayetteville Health Care Center (FHCC - Hospital)

7300 South Raeford Rd.

Fayetteville, NC 28304

(910)475-6016

Type of Service: Veterans Health Care

Web: www.fayettevillenc.va.gov

Sanford Community Based Outpatient Clinic (CBOC)

3112 Tramway Rd.

Sanford, NC 27330

(919)775-6160

Type of Service: Veterans Health Care

Web: www.fayettevillenc.va.gov

Cost: Services are generally free. If client has Medicaid or private insurance, those benefits will be used first.

Veterans Services

The Enrichment Center

1615 S. Third St.

Sanford, NC 27330

(919) 776-0501 ext. 209

Mon – Fri 8:30 am to 12:30pm

Web: www.leecountync.gov

Type of Service: Veterans Assistance

Service Description: Provides free assistance for veterans and their survivors seeking benefits from the Veterans Administration.

Vocational Rehabilitation

201 Commercial Court

Sanford, NC 27330

(919) 775-2247

Type of Service: Employment Assistance for Persons with Disabilities

Cost: Services are generally free. If client has Medicaid or private insurance, those benefits will be used first.

Service Description: Provides services to enable a disabled person, (Physical, Mental, Emotional or Learning Disability) to find and keep a job. A determination will be made as to whether VR Services are likely to enable the disabled person to maintain employment. The disability must be documented by a doctor. Services could include job placement, training, equipment, job site accommodation, transportation, etc.

Vocational Rehabilitation for the Visually Impaired

Division of Services for the Blind

225 Green St., Suite 500

Fayetteville, NC 28301

(910) 486-1582

(800) 422-1897

Web: www.ncdhhs.gov/dsb

Type of Service: Rehabilitation for Visually Impaired

Cost: No cost to client

Vocational Rehabilitation for the Visually Impaired

Service Description: Assist clients with eye care, surgery, medical transportation, reimbursement, medication, training (in some cases college), mobility training, employment location, vocational evaluation, and the rehabilitation center in Raleigh is available.

Miscellaneous Information: May call directly or be referred by Sallie Wofford at the Lee County Department of Social Services (919) 718-4690.

Volunteer Corps

The Enrichment Center
1615 S. Third St.
Sanford, NC 27330
(919) 776-0501

Email: jholmes@leecountync.gov

Type of Service: Volunteer Opportunities

Service Description: The Enrichment Center Volunteer Corps is designed to serve as a clearinghouse for volunteer opportunities throughout Lee County and to support and promote existing volunteer programs. The Volunteer corps serves individuals seeking volunteer opportunities and organizations in need of volunteers.

For more volunteer opportunities, visit: www.volunteerlee.com

TOLL FREE HOTLINES

211 Information Line.....211

Web: www.211.org

AARP Health Insurance (Claims)..... (800) 523-5880

AARP Health Insurance (Customer)..... (800) 523-5800

Alcohol & Drug Abuse Helpline..... (800) 252-6465

ALS (Lou Gehrig's disease) Association..... (800) 782-4747

Web: www.alsa.org

Duke Alzheimer's Family Support Program..... (800) 672-4213

Web: <http://www.geri.duke.edu/service>

Alzheimer's Association Information & Referral..... (800) 272-3900

Alzheimer's North Carolina, Inc.....(800) 228-8738

Web: www.alz.org/northcarolina

Alzheimer's Disease Education & Referral..... (800) 438-4380

American Association of Kidney Patients..... (800) 749-2257

Web: www.aakp.org

American Assoc. of Retired Persons (AARP)..... (800) 424-2277

Web: www.aarp.org

American Cancer Society Hotline..... (800) 227-2345

Web: www.cancer.org

American Council for the Blind..... (800)424-8666
 Web: www.acb.org

American Diabetes Association..... (800) 232-3472
 Web: www.diabetes.org

American Heart Association (Mid-Atlantic Affiliate) (800) 284-6601
 Web: www.americanheart.org

American Institute for Cancer Research..... (800) 843-8114
 Web: www.aicr.org

American Kidney Fund..... (800) 638-8299
 Web: www.kidneyfund.org

American Lung Association of NC (980) 237-6611
 Web: www.lungnc.org (state); www.lungusa.org (national)

American Osteopathic Association..... (800) 621-1773
 Web: www.osteopathic.org

Arthritis Foundation Information..... (800) 283-7800
 Web: www.arthritis.org

Automobile Insurance Program..... (800) 541-3717

Better Hearing Institute..... (800) 327-9355
 Web: www.betterhearing.org

Breast Cancer Information..... (800) 221-2141

Cancer Information Service..... (800) 422-6237

Web: www.cancer.gov

Carolina Poison Control Hotline..... (800) 848-6946

Web: www.ncpoisoncenter.org

Easter Seals Society of NC..... (800) 662-7119

Web: www.nc.eastersealsucp.org

Elder Care Locator Line..... (800) 677-1116

Web: www.eldercare.gov

Grief Recovery Institute..... (800) 334-7606

Web: www.grief.net

Help for Incontinent People (800) 252-3337

Huntington’s Disease Society of America..... (800) 345-4372

Web: www.hdsa.org

Internal Revenue Service..... (800) 829-1040

Web: www.irs.gov

Kidney Information..... (800) 638-8299

Leukemia & Lymphoma Society..... (800) 936- 9337

Web: www.lls.org

Medicare Telephone Hotline..... (800) 633-4227

Military Crisis Line..... (800) 273-8255

National Alliance for the Mentally Ill..... (800) 950-6264

Web: www.nami.org

National Eye Care Project Helpline(877) 887-6327

Web: www.eyecareamerica.org

National Institute on Aging Information Center..... (800) 222-2225

Web: www.nia.nih.gov

National Institute of Mental Health..... (866) 615-6464

Web: www.nimh.nih.gov

National Library Services - Blind & Handicapped..... (800) 424-8567

Web: www.loc.gov/nls

North Carolina Eyes, Southern Pines..... (800) 848-6947

NC Crisis Line..... (800) 672-2903 NC

Department of Insurance Hotline..... (855) 408-1212

Web: www.ncdoi.com

NC Disability Hotline..... (800) 638-6810

National Kidney Foundation..... (855) 653-2273

Web: www.kidneync.org

National Multiple Sclerosis Society..... (800) 344-4867

Web: www.nationalmssociety.org

National Osteoporosis Foundation..... (800) 231-4222
 Web: www.nof.org

NC Library for the Blind & Physically Handicapped (888) 388-2460
 Web: www.statelibrary.ncdcr.gov/lbph

NC Travel & Tourism..... (800) 847-4862
 Web: www.visitnc.com

Paralysis Resource Center..... (800) 539-7309
 Web: www.paralysis.org

Parkinson’s Disease Foundation..... (800) 457-6676
 Web: www.parkinson.org

SHIP (Senior Health Information Program in NC) (800) 443-9354
 Web: www.ncdoi.com/SHIP/

Senior Advisor (A Place for Mom)(866) 333-7320
 Web: https://www.senioradvisor.com/community_properties/list/US/NC/lee

Social Security Administration..... (800) 772-1213
 Web: www.ssa.gov/

The Living Bank (Organ Donors) (800) 528-2971
 Web: www.livingbank.org/

Veteran Affairs, US Government..... (800) 827-1000

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